



Minnesota State Drug Court Conference
June 2015

National Perspectives:

How Family Drug Courts are Changing the Futures of Children and Families

Jane Pfeifer, *Children and Family Futures*

Learning Objectives

1. Learn about the history of the FDC movement and strategies to enhance cross-system collaboration
2. Explore FDC outcomes from local and federal grant evaluation studies and learn about FDC best practices that improve child welfare outcomes
3. Review practice recommendations supported by the FDC Guidelines and discuss how to use the Guidelines publication at the local and State level

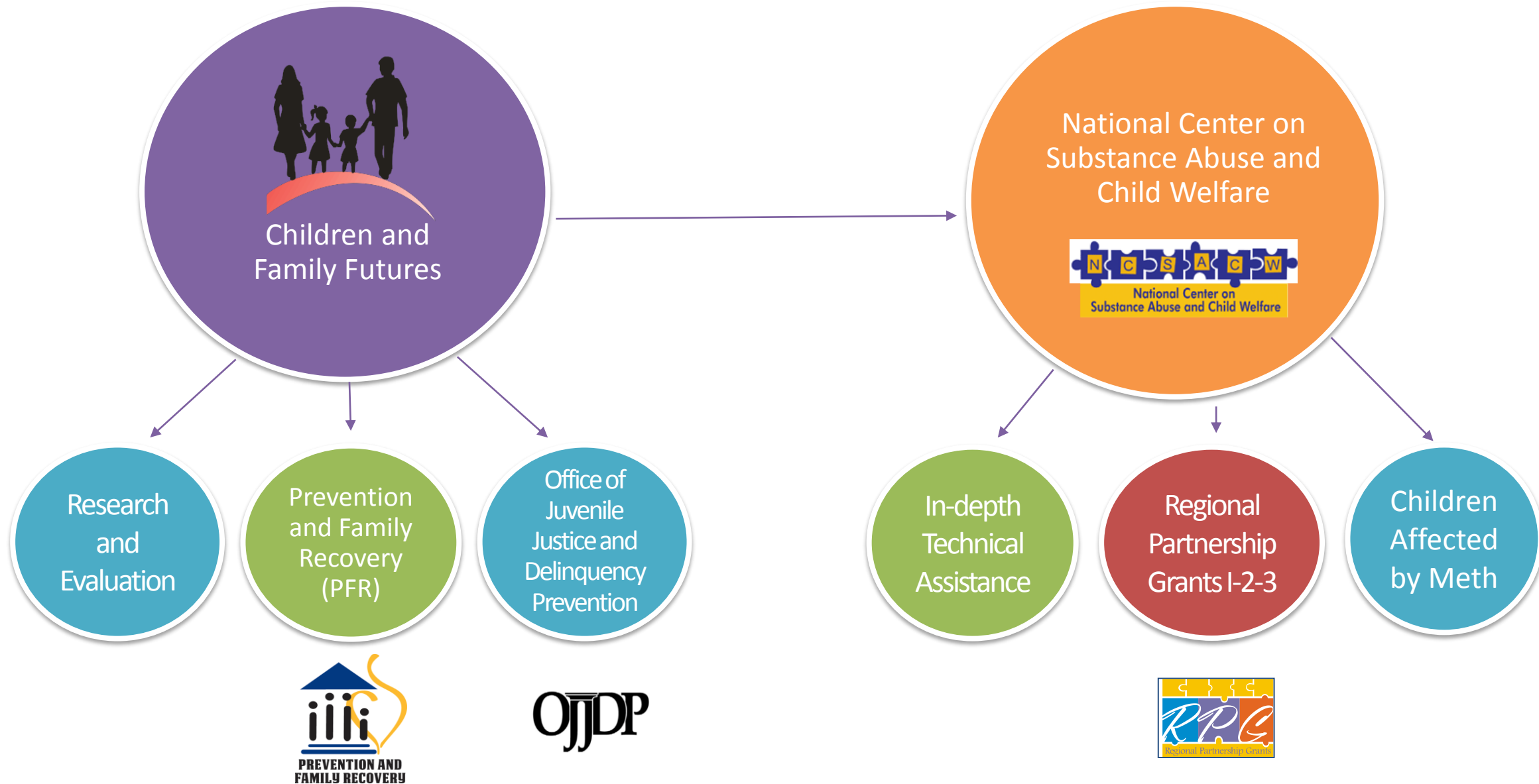


Children and Family Futures

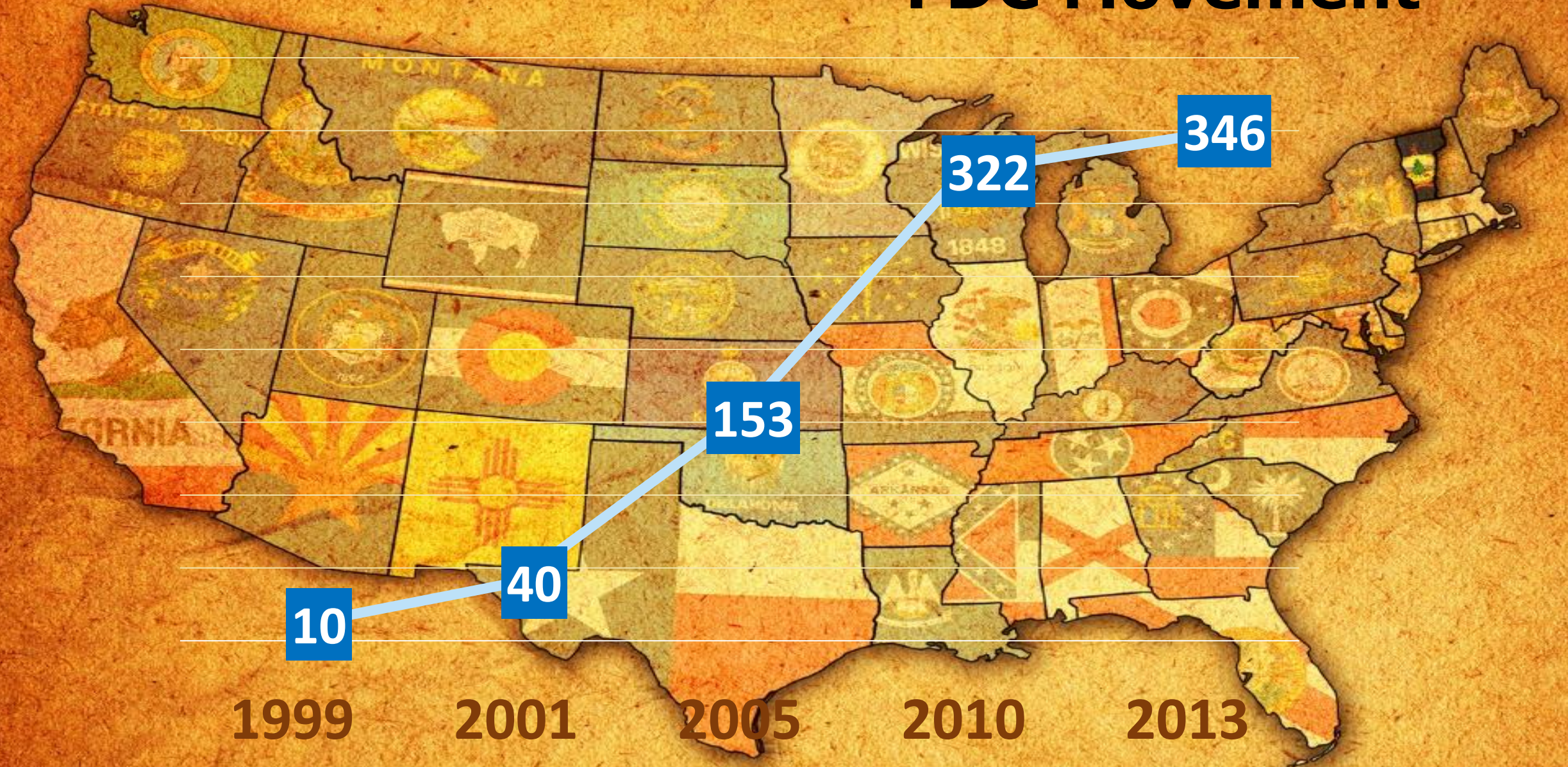
Our Mission

To improve safety, permanency, well-being and recovery outcomes for children, parents and families affected by trauma, substance use and mental health disorders.





FDC Movement



6

Common Ingredients of FDCs

- System of identifying families
- Earlier access to assessment and treatment services
- Increased judicial oversight
- Increased management of recovery services and compliance
- Responses to participant behaviors (sanctions & incentives)
- Collaborative approach across service systems and Court

2002 Process Evaluation

**Common Vision-
Extraordinary Effort**

Court

Drug Treatment

Child Welfare

3 Systems with multiple:



- Mandates
- Training
- Values
- Timing
- Methods

WHAT IS SUCCESS IN FDC?

KEY OUTCOMES

Safety (CWS)

- Reduce re-entry into foster care
- Decrease recurrence of abuse/neglect

Permanency (Court)

- Reduce time to reunification
- Reduce time to permanency
- Reduce days in care

Recovery (AOD)

- Increase engagement and retention in treatment
- Increase number of negative UAs
- Increase number of graduates
- Decrease Recidivism

FDC Outcomes



HIGHER TREATMENT
COMPLETION RATES

SHORTER TIME
IN FOSTER CARE

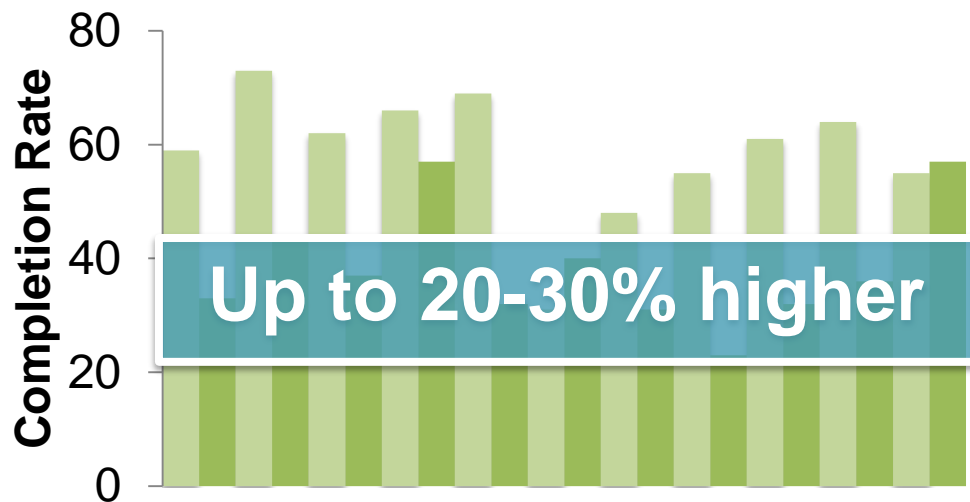
HIGHER FAMILY
REUNIFICATION RATES

LOWER TERMINATION
OF PARENTAL RIGHTS

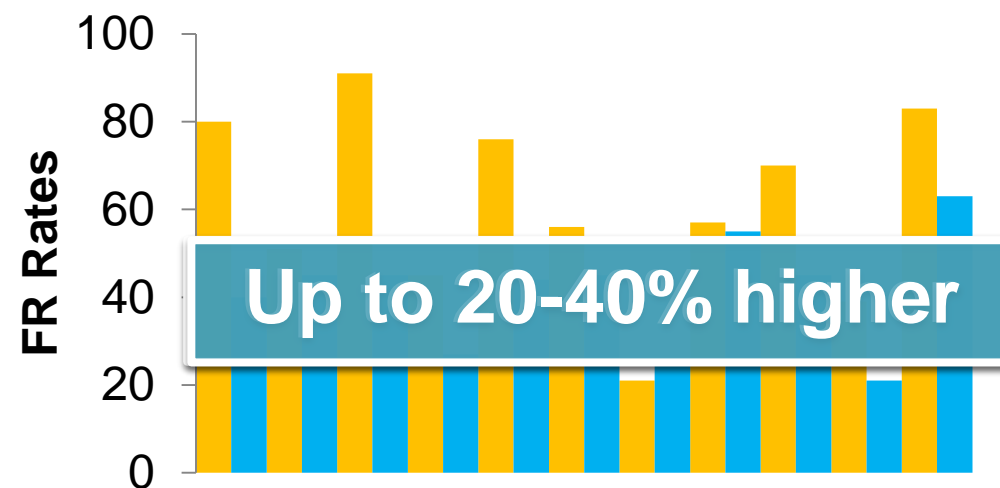
FEWER NEW CPS PETITIONS
AFTER REUNIFICATION

COST SAVINGS PER FAMILY

Treatment Completions



Reunification Rates



FDC vs Comparison

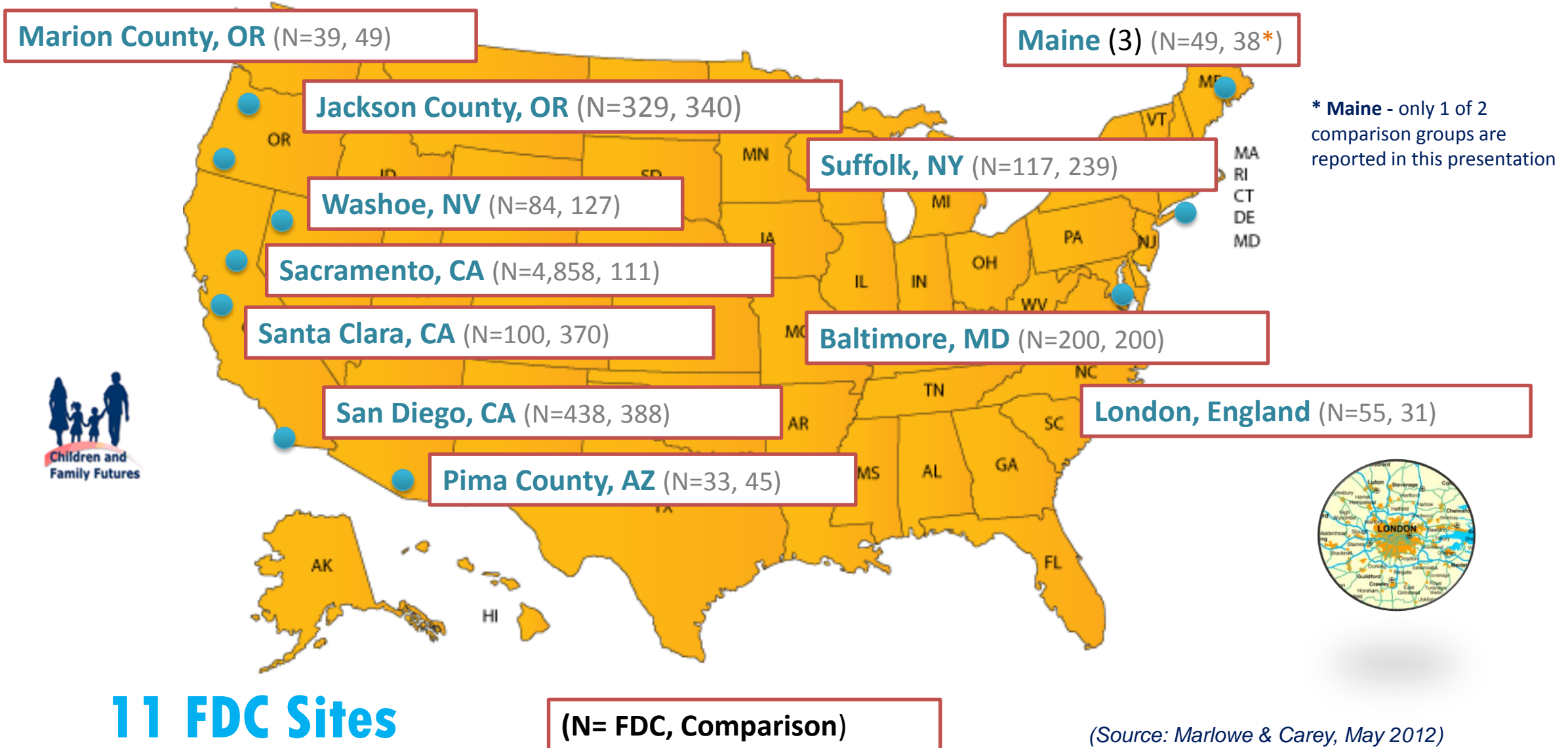
Days in Foster Care



New CPS Petition after FR

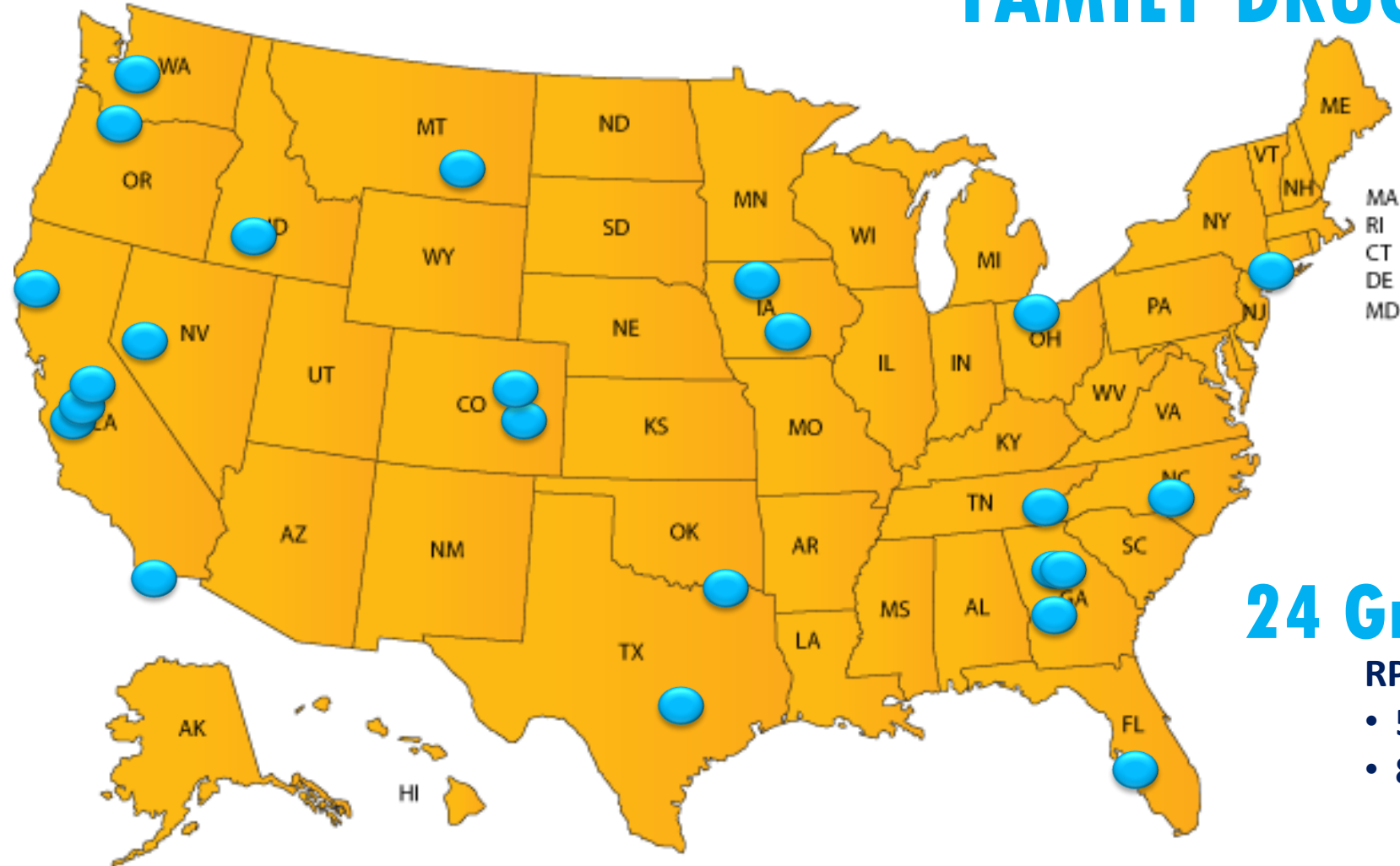


FDC Local Evaluations





REGIONAL PARTNERSHIP GRANTS FAMILY DRUG COURTS



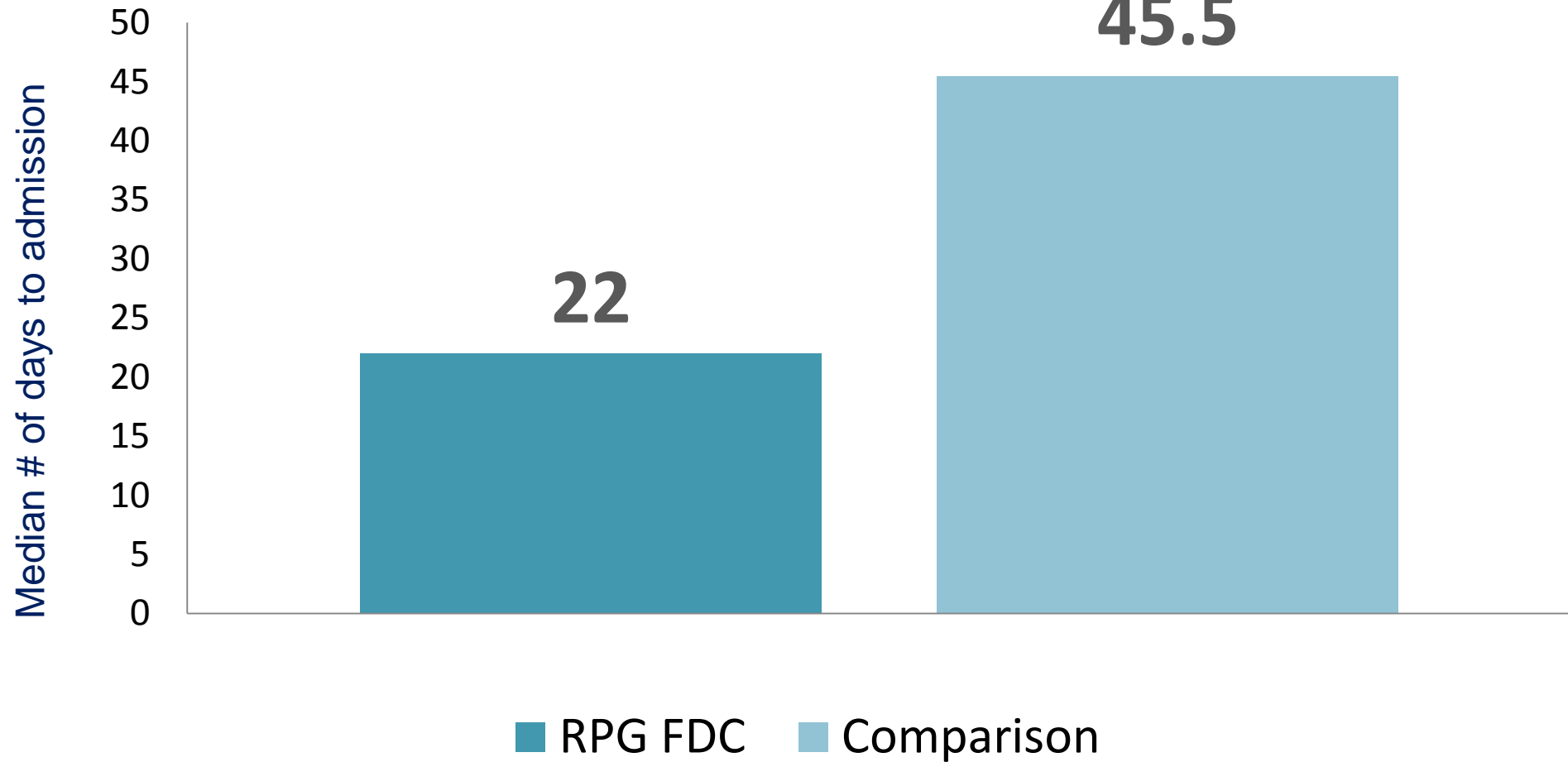
24 Grantee Sites

RPG FDC

- 5,200 children
- 8,000 adults

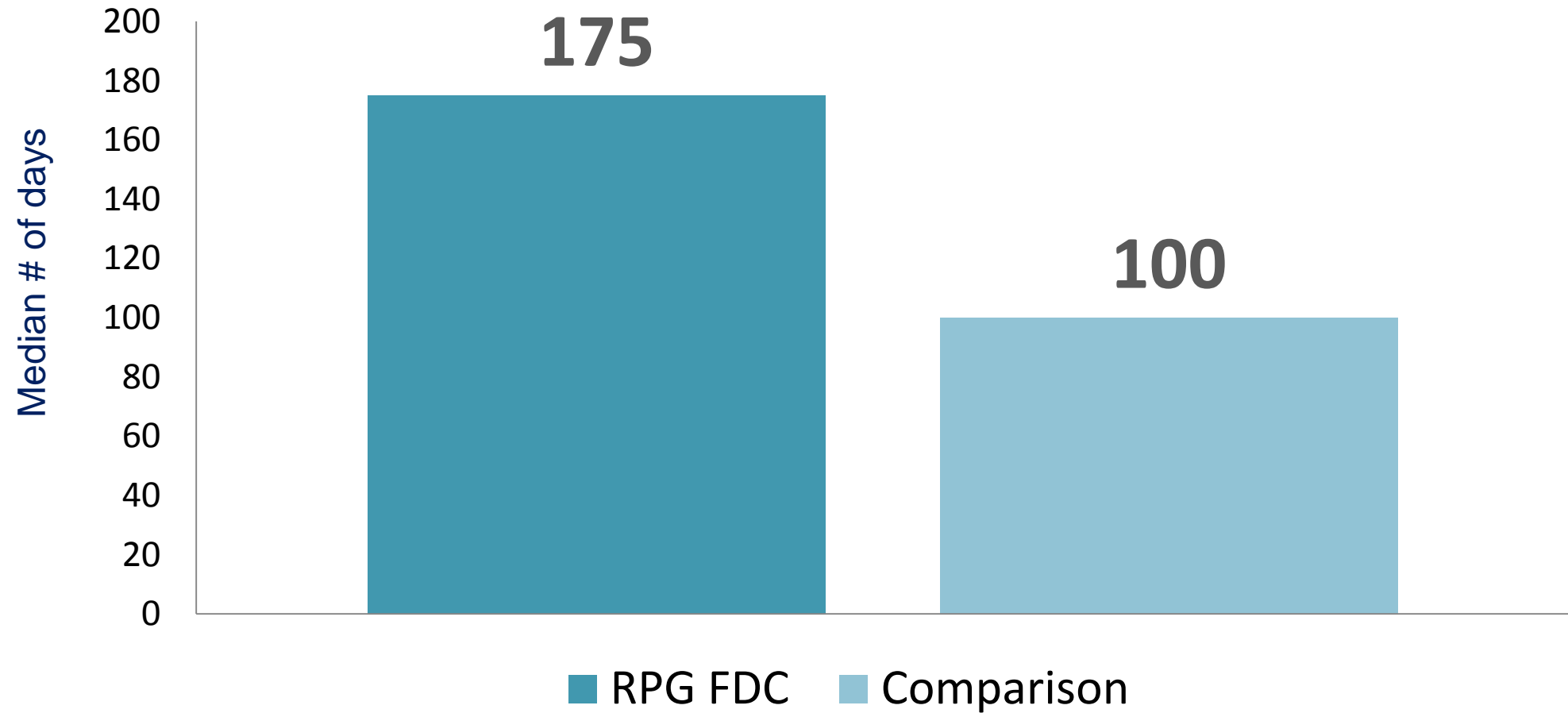


Access to Treatment



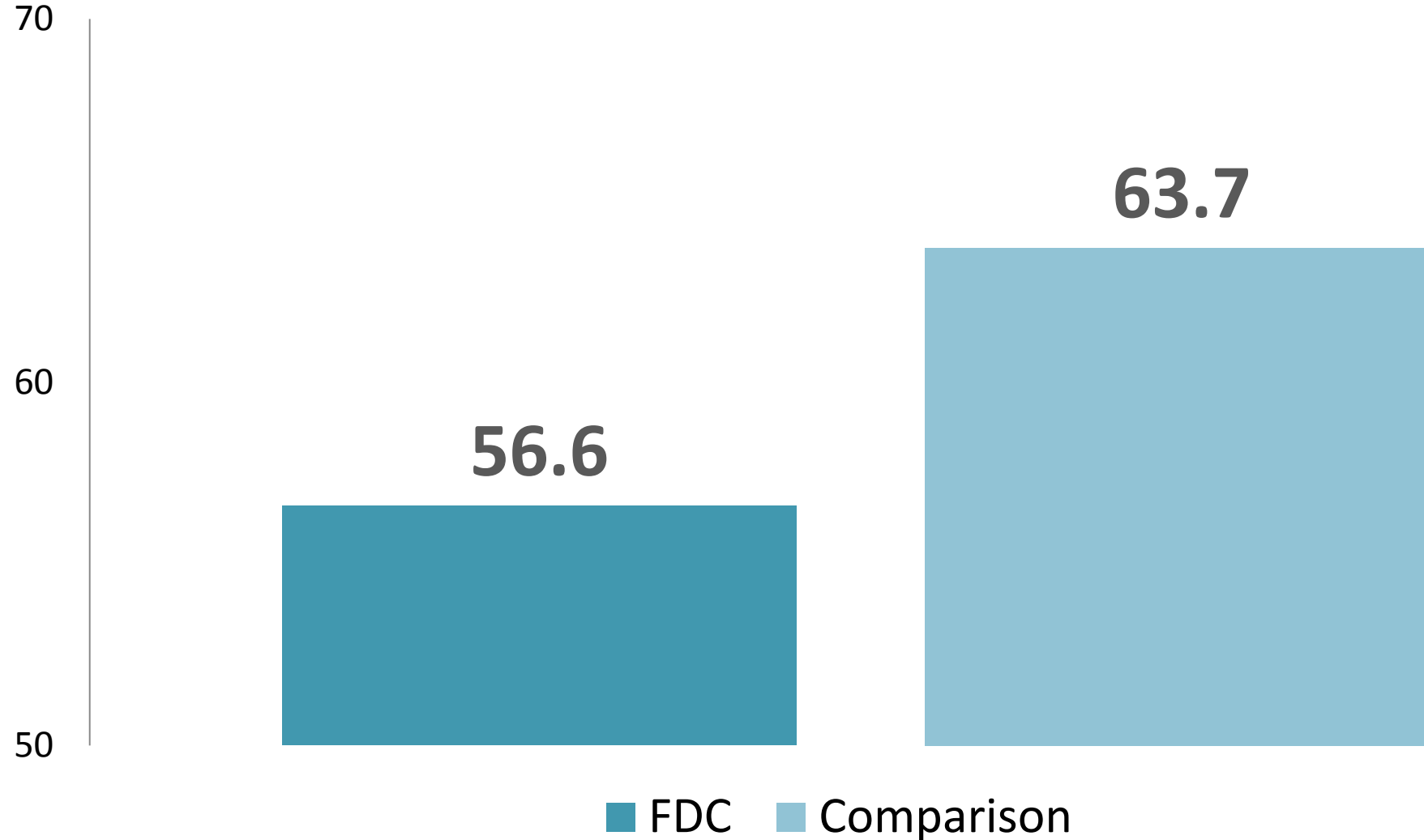


Length of Stay in Treatment



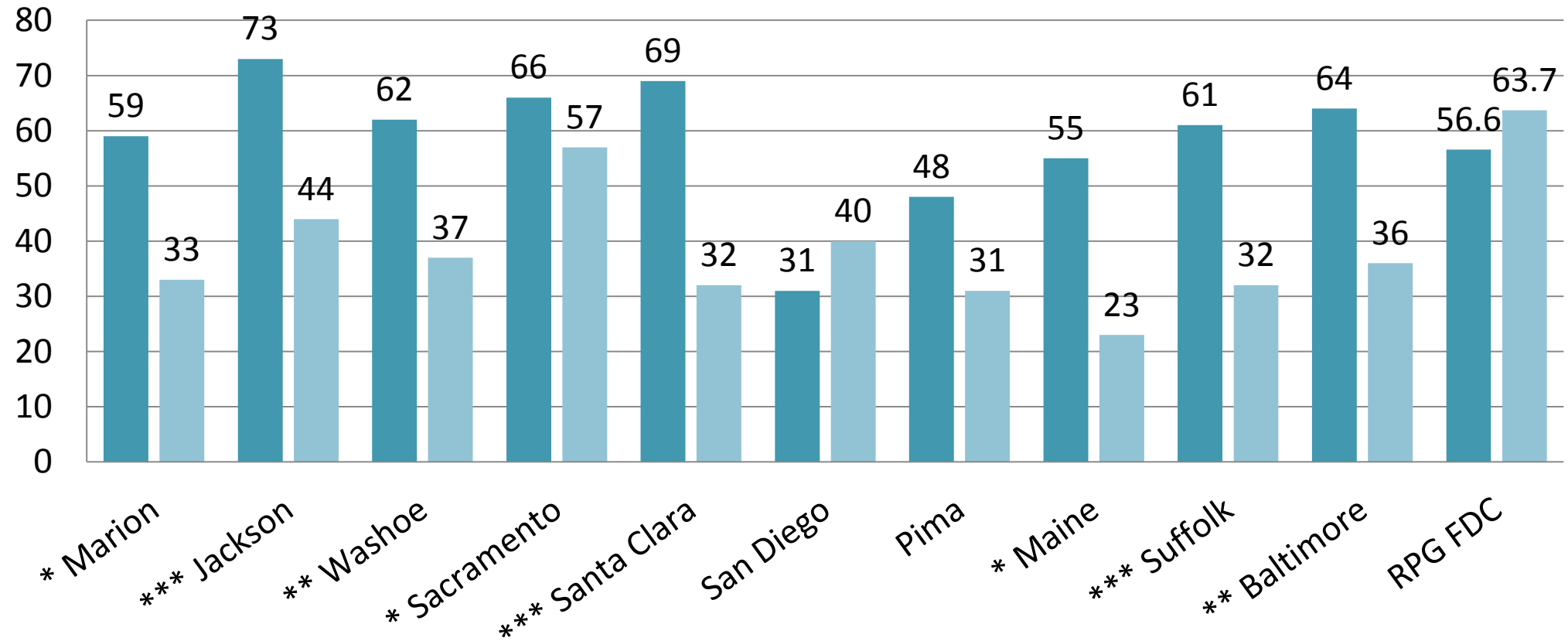


Treatment Completion Rates





Treatment Completion Rates

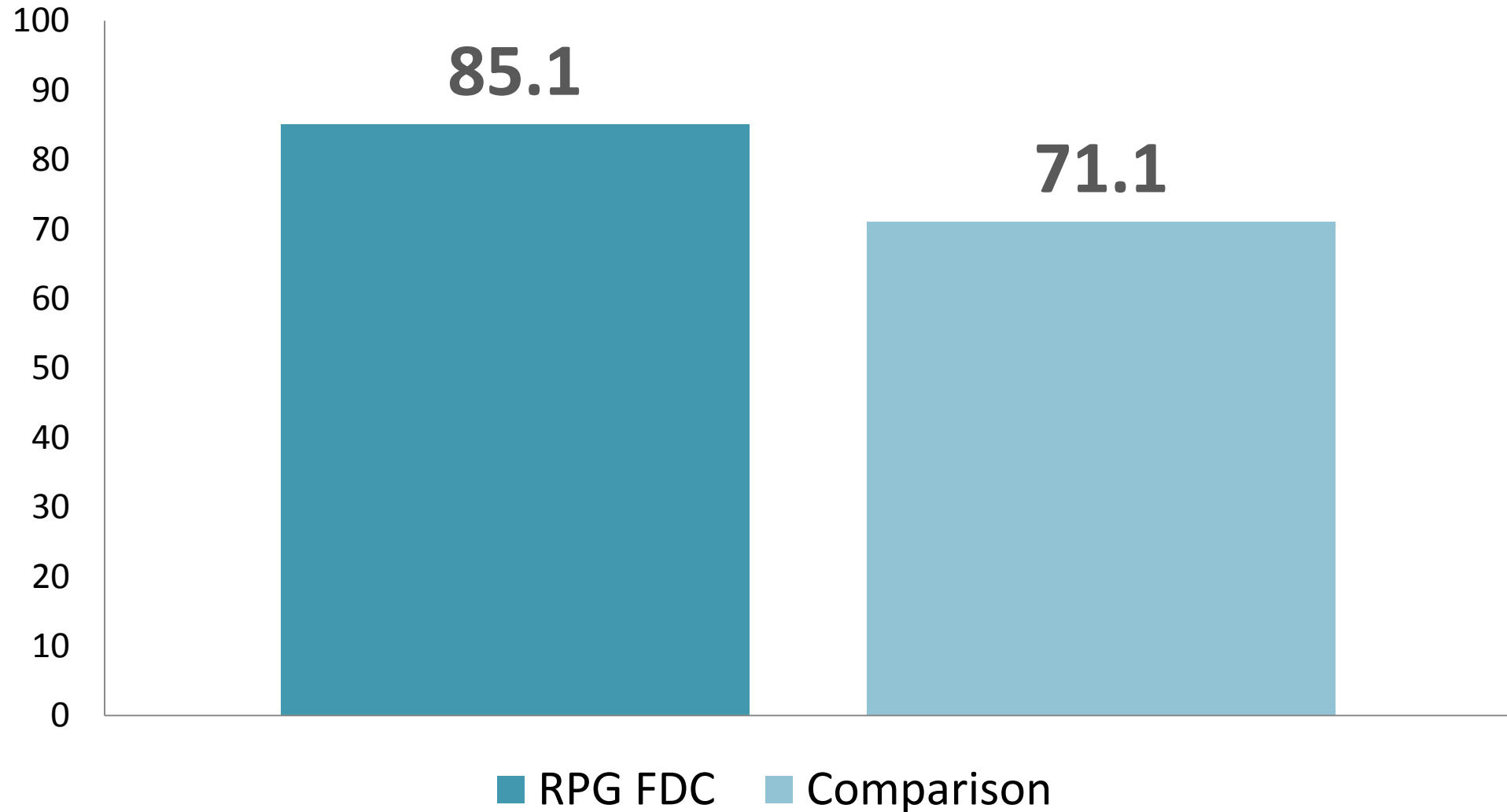


*p <.05
**p <.01
***p <.001
+p value not reported

■ FDC ■ Comparison

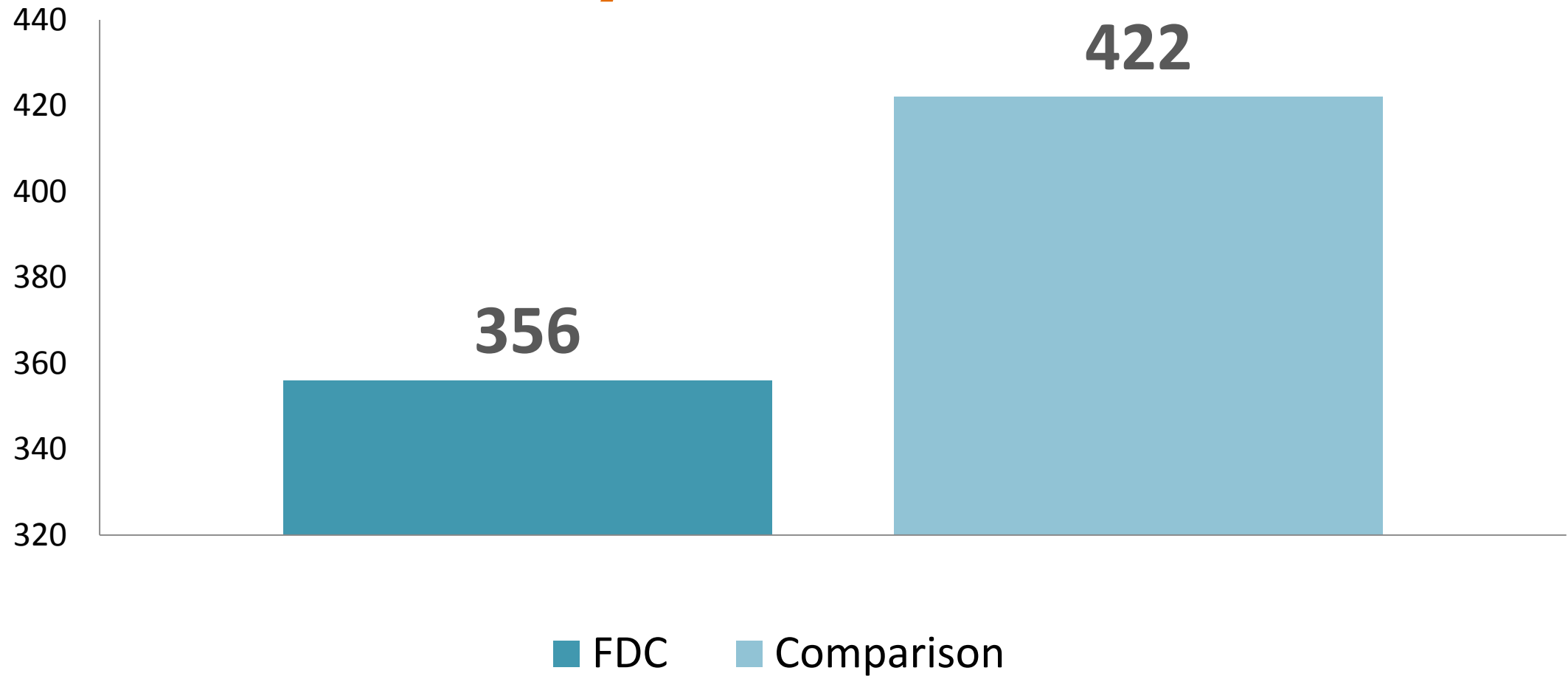


Children Remain Home

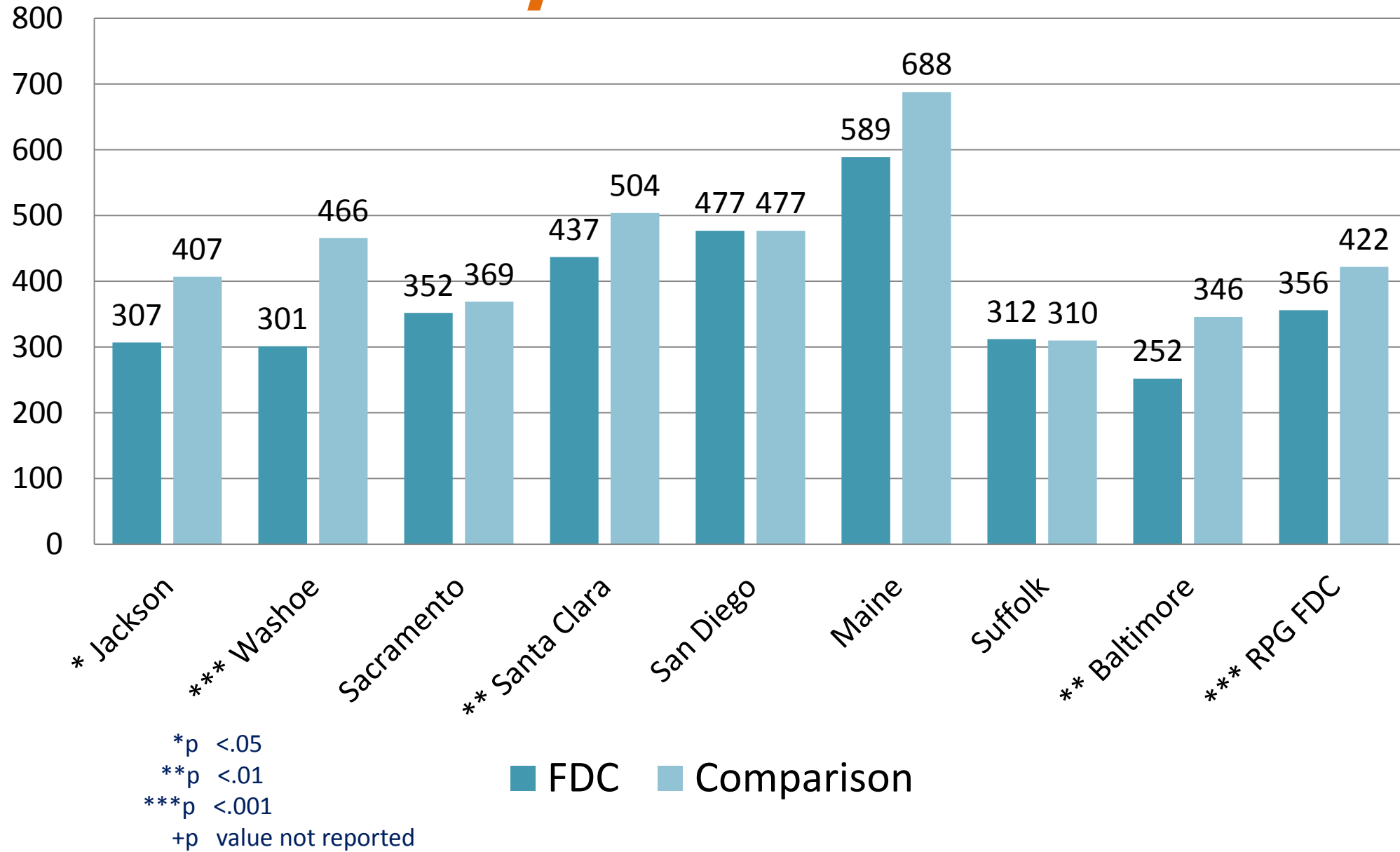




Days in Foster Care

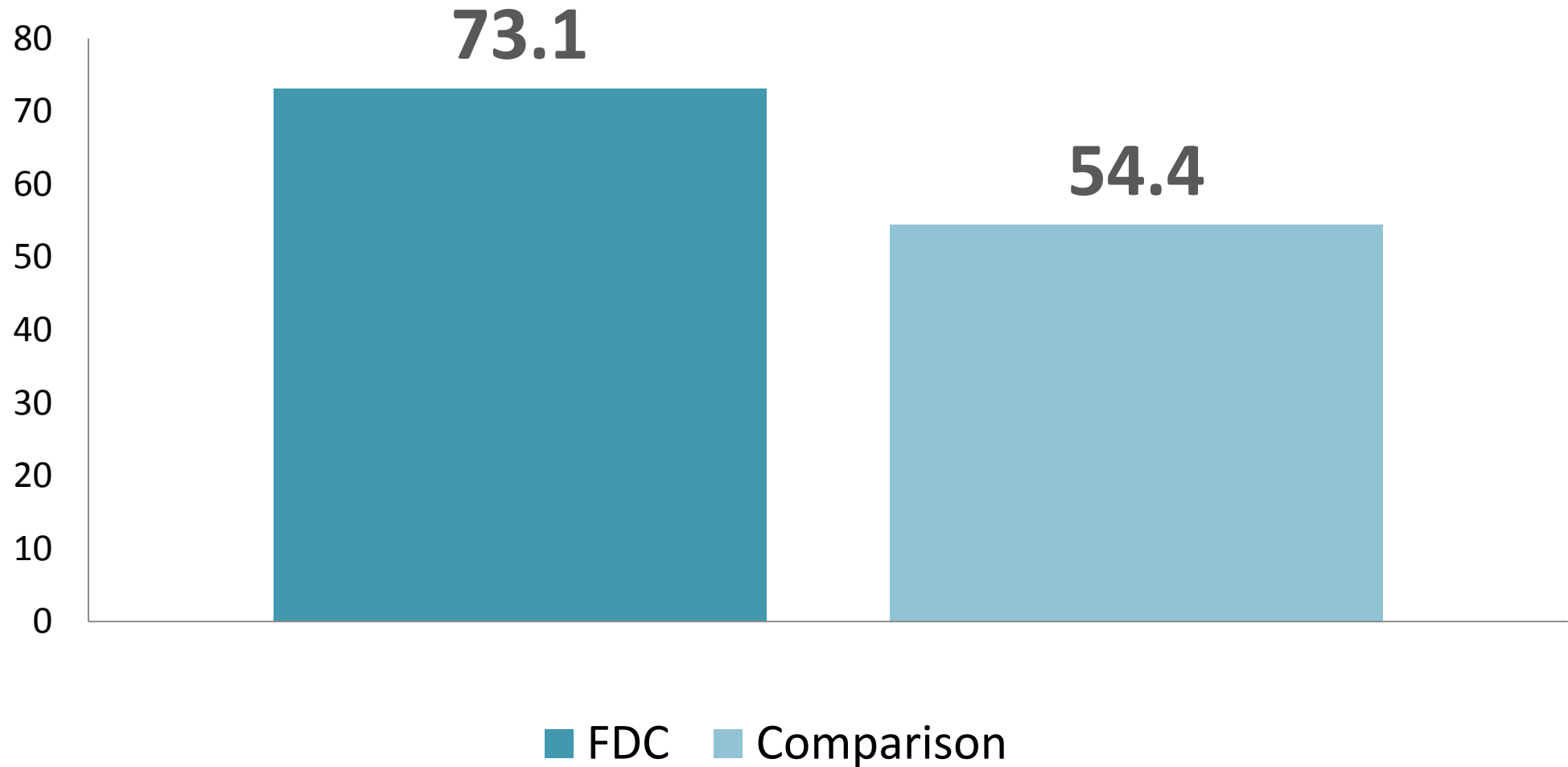


Days in Foster Care

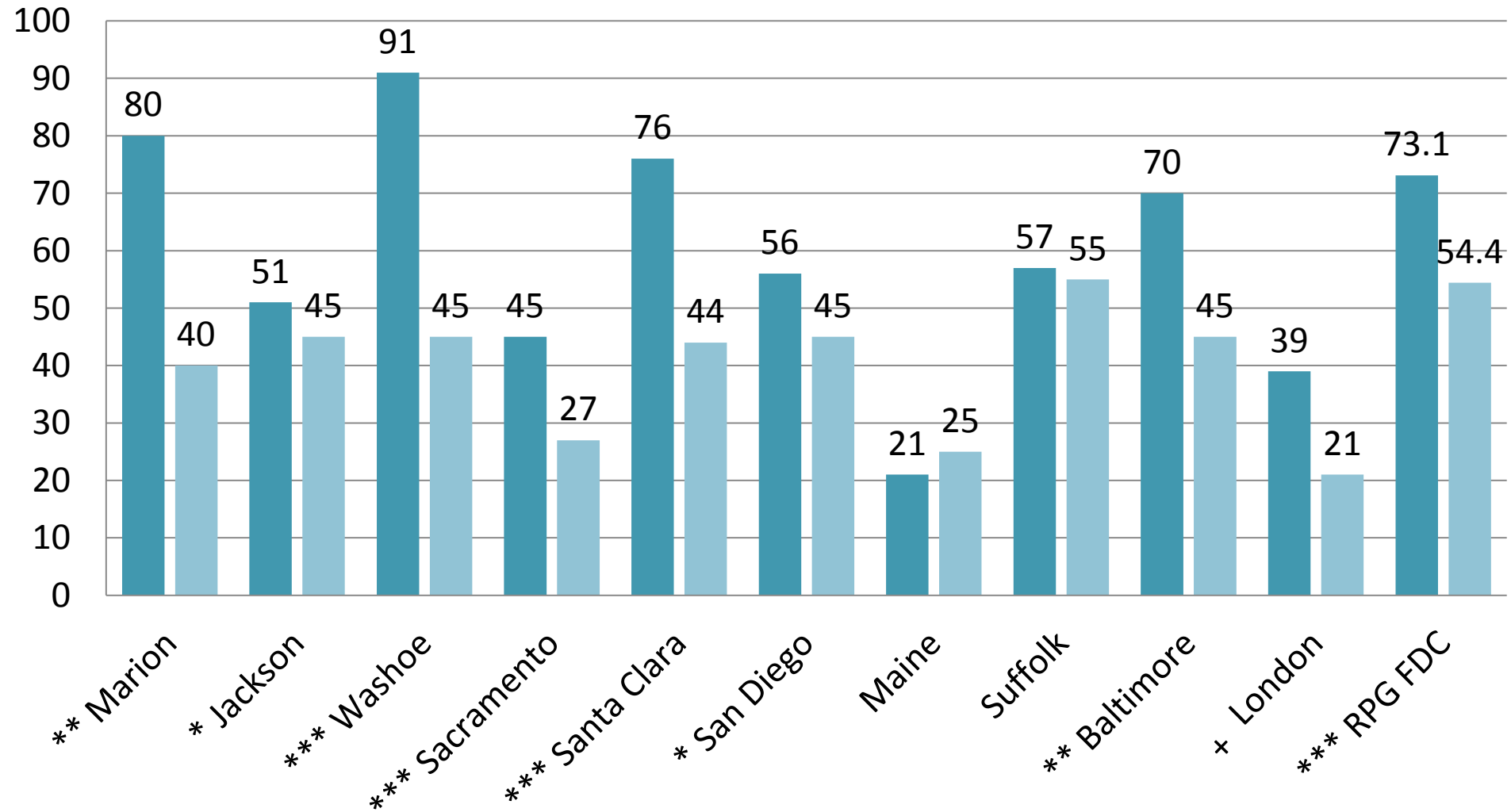




Reunification Rates



Reunification Rates

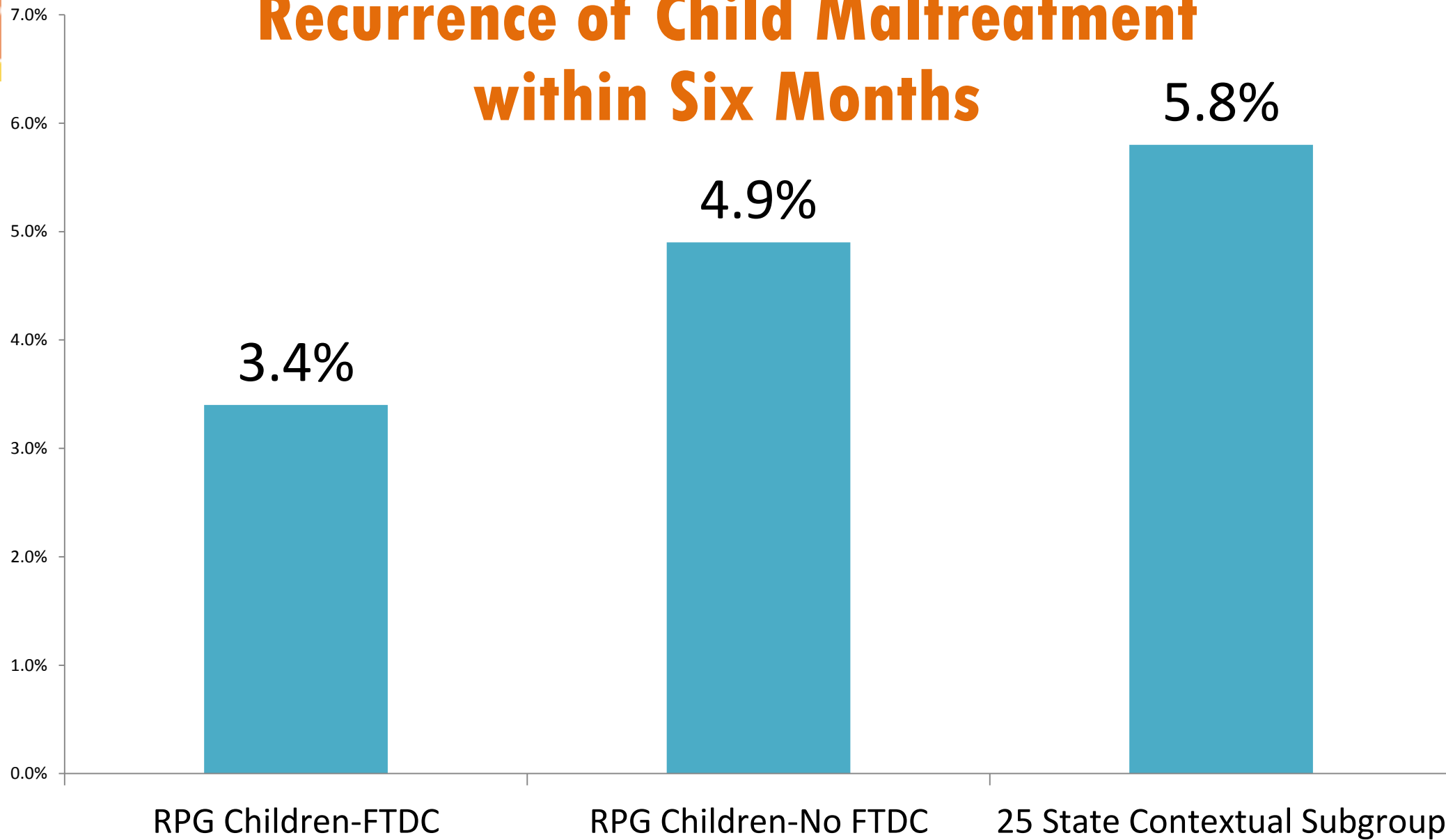


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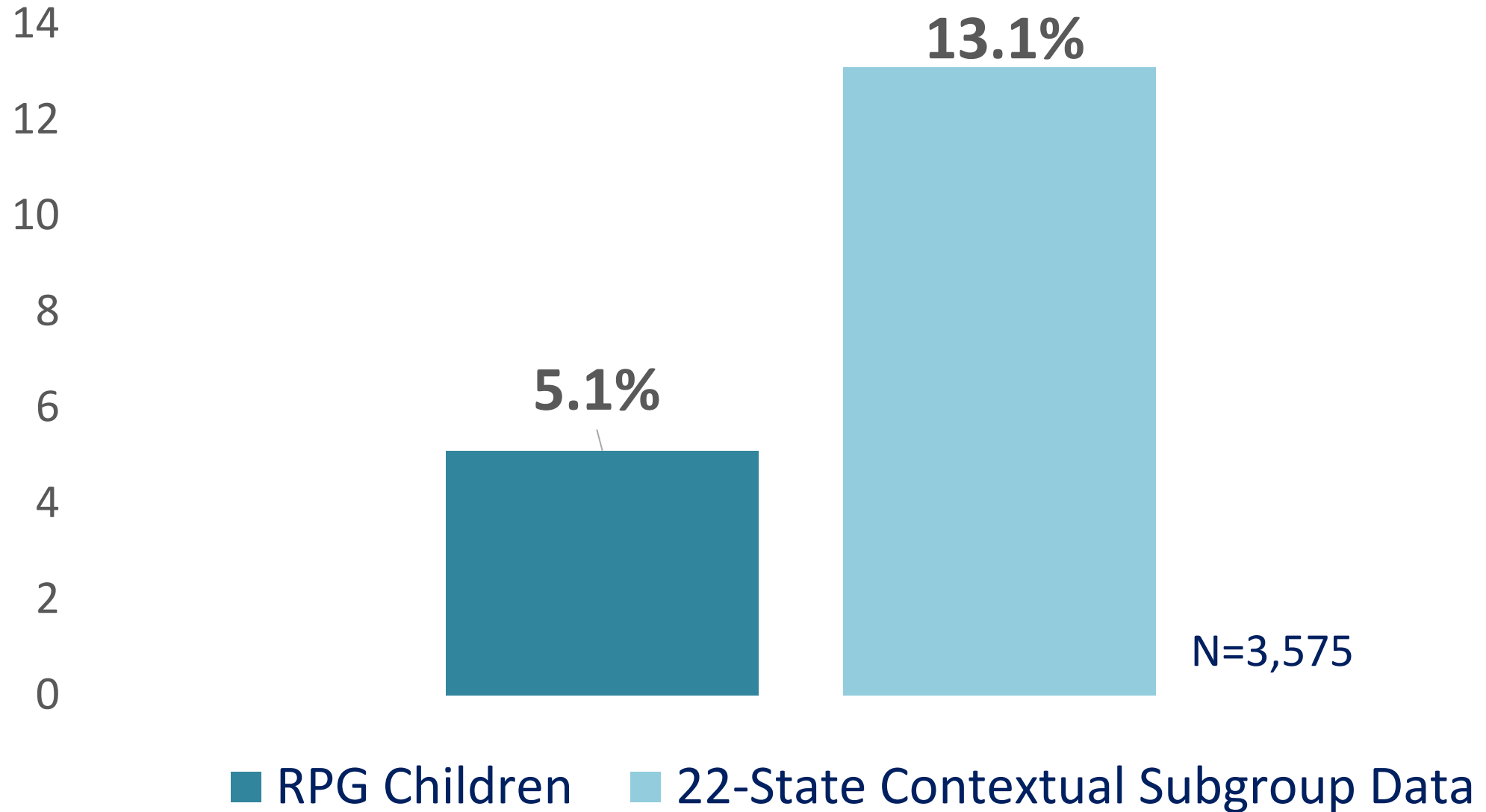
■ FDC ■ Comparison



Recurrence of Child Maltreatment within Six Months



Re-entries to Foster Care within 12 Months





Cost Savings Per Family

\$ 5,022

Baltimore, MD

Burrus, et al, 2011

\$ 5,593

Jackson County, OR

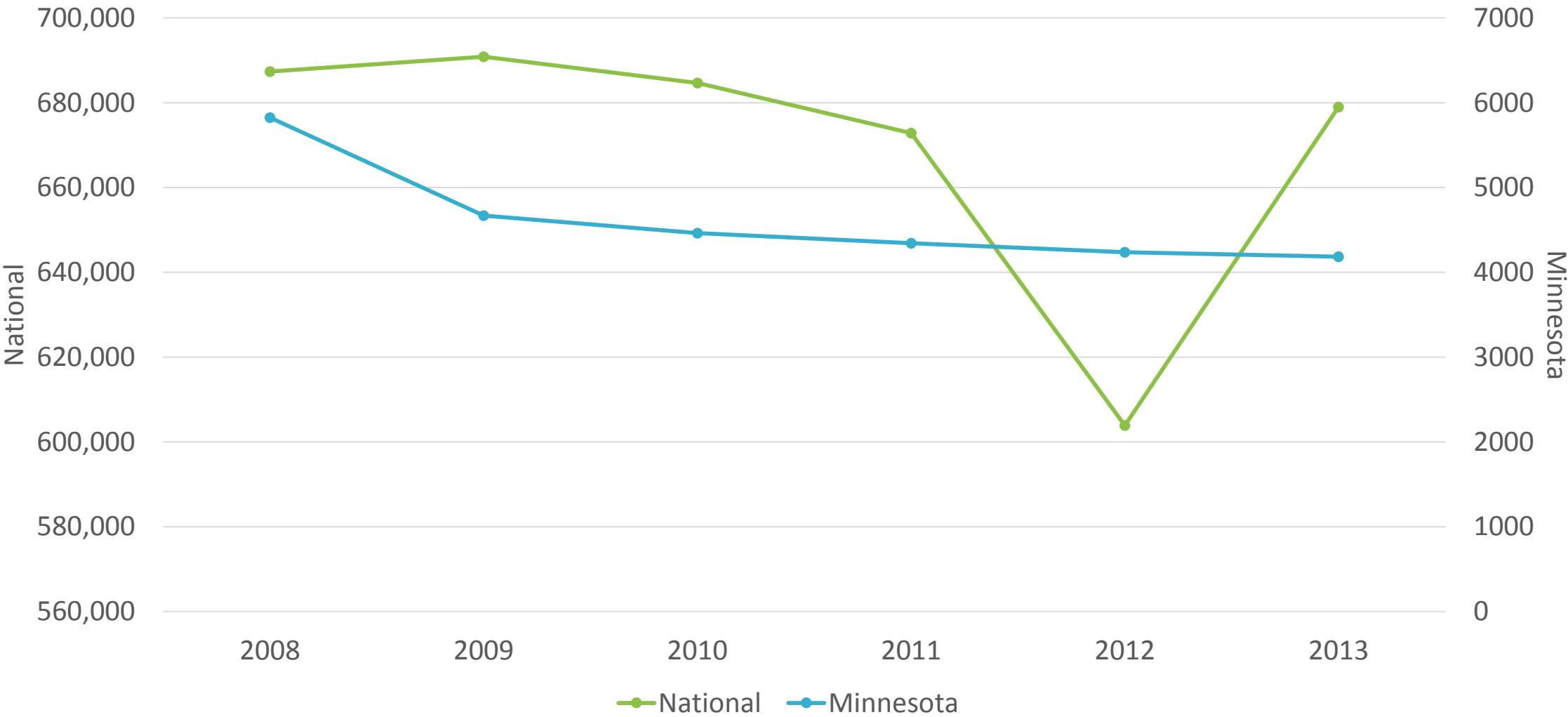
Carey, et al, 2010

\$ 13,104

Marion County, OR

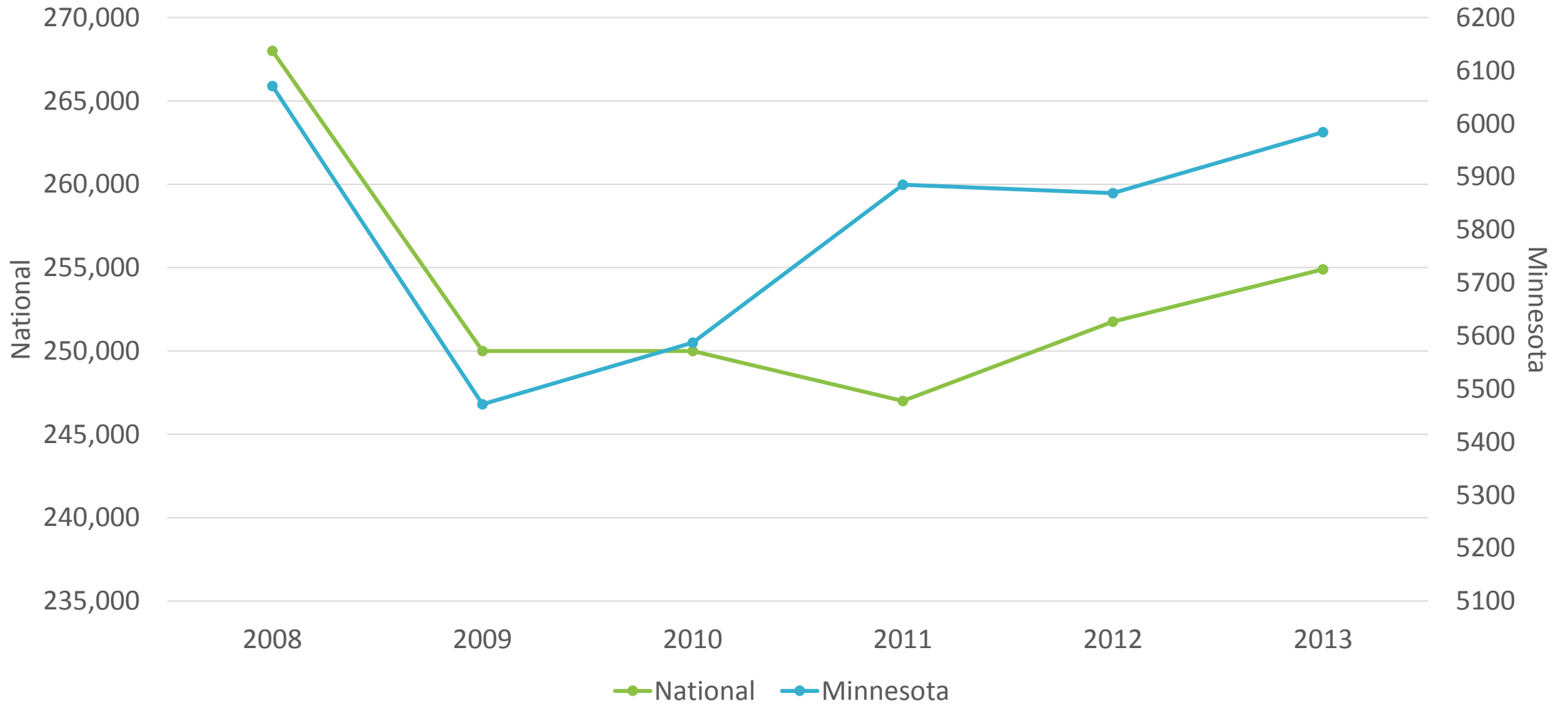
Carey, et al, 2010

National Child Welfare Data: Children Who Are Confirmed As Victims Of Maltreatment – Nationally and in Minnesota

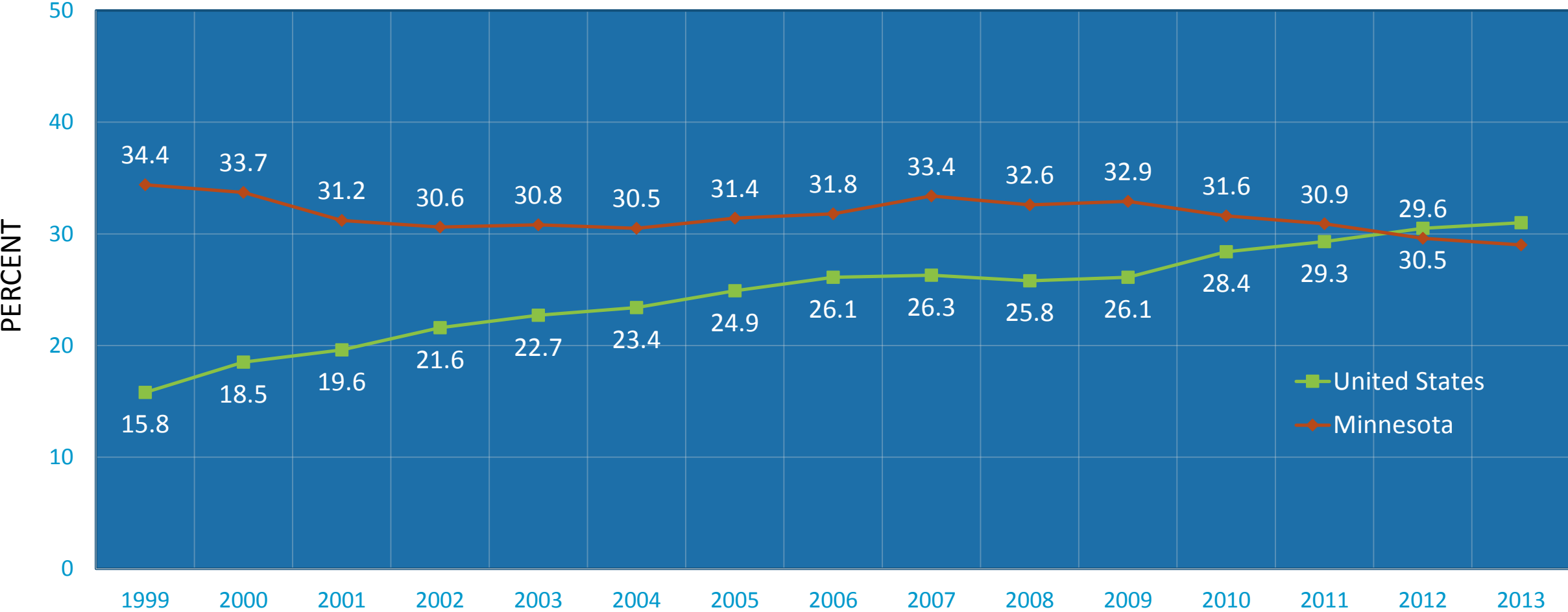


Source: Child Welfare Outcomes 2008-2012 Report to Congress

Child Welfare Data: Children entering Foster Care Nationally and in Minnesota



PARENTAL AOD AS REASON FOR REMOVAL IN THE UNITED STATES AND MINNESOTA 1999-2013

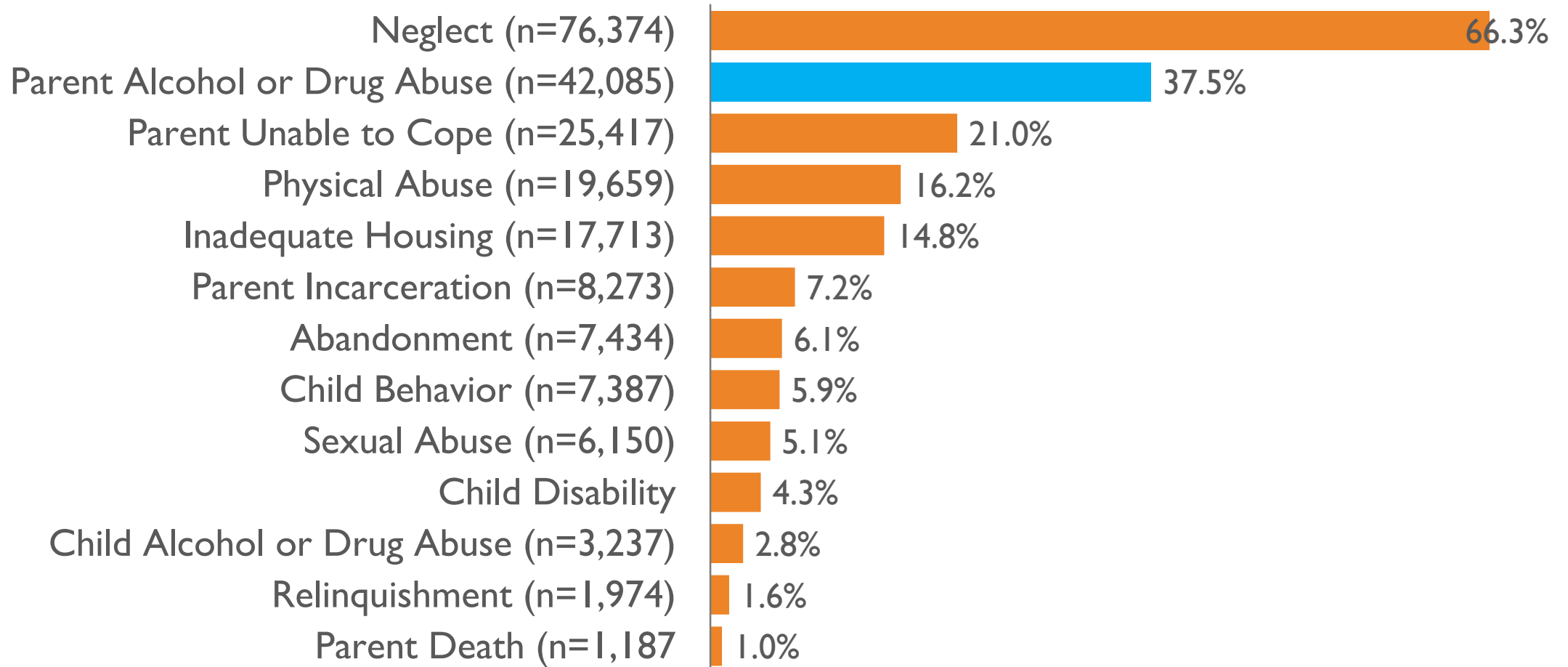


Statements of the Problem

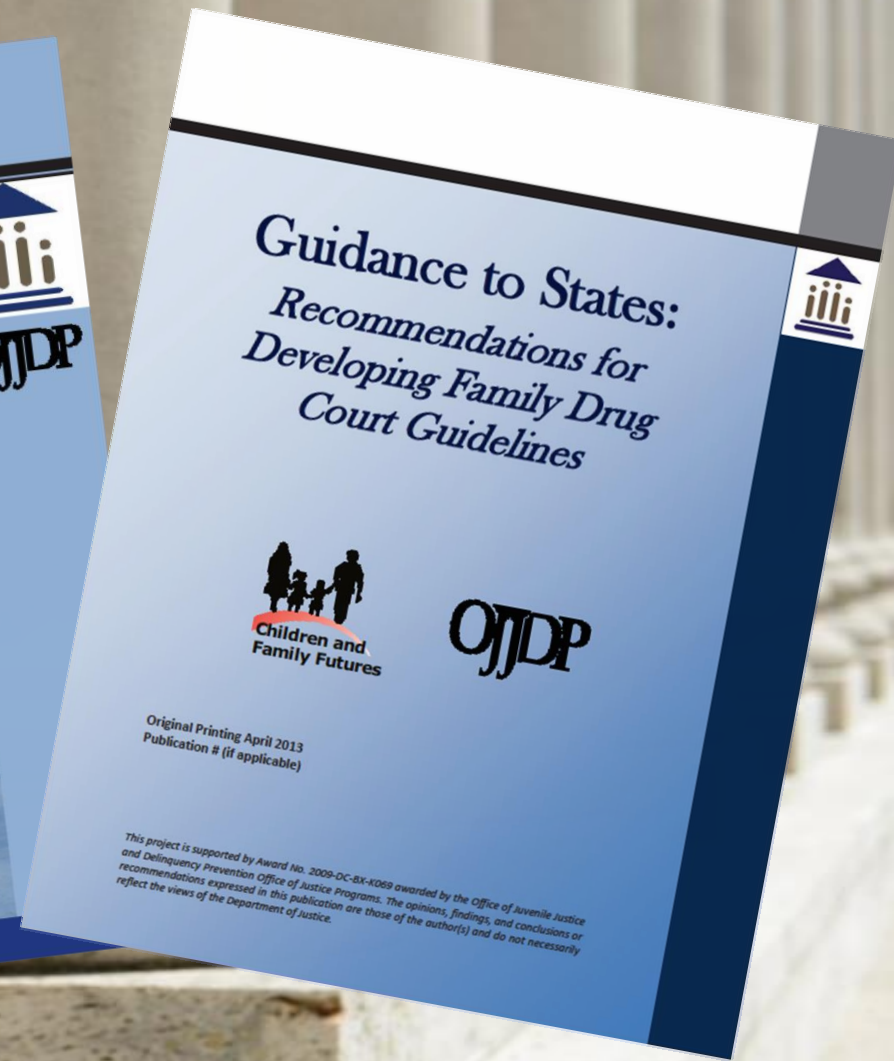
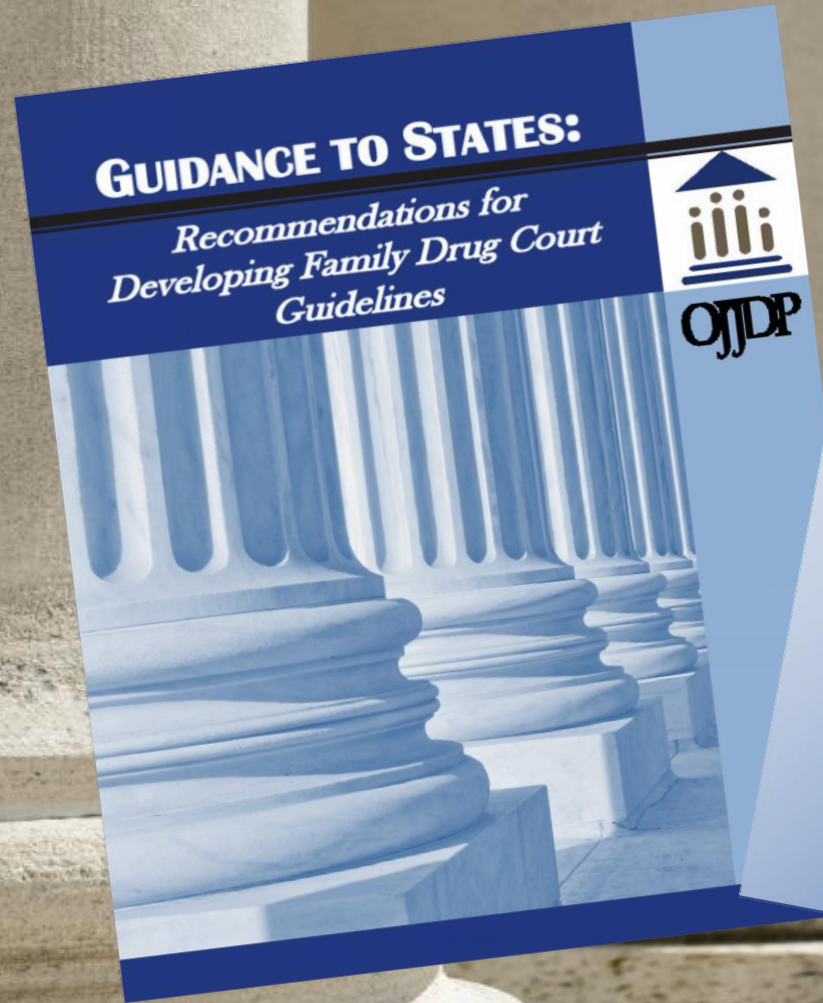
How many children in the child welfare system have a parent in need of treatment?

- Between 60–80% of substantiated child abuse and neglect cases involve substances by a custodial parent or guardian (Young, et al, 2007)
- 61% of infants, 41% of older children who are in out-of-home care (Wulczyn , Ernst and Fisher, 2011)
- 87% of families in foster care with one parent in need; 67% with two (Smith, Johnson, Pears, Fisher, DeGarmo, 2007)

Percent and Number of Children with Terminated Parental Rights by Reason for Removal – 2013



FDC Guidelines



2013



What?

A Collaborative Framework

A FRAMEWORK: BUILT ON A FOUNDATION OF **SHARED MISSION AND VISION**, SUPPORTED BY **CLIENT SERVICES AND AGENCY COLLABORATION**, ACHIEVED BY **SHARED OUTCOMES**



FDC Guidelines

- CFF with support from OJJDP, in partnership with Federal and State stakeholders
- Crafted guidance document to States for developing FDC guidelines
- Based on research, previous publications, practice-based evidence, expert advisers and existing State standards
- Resource tool for States to clarify FDC principles and develop State guidelines reflecting local and unique needs

TEN RECOMMENDATIONS



- Description
- Research findings
- Effective strategies

FDC Recommendations

Shared Outcomes

Agency Collaboration

- Interagency Partnerships
- Information Sharing
- Cross System Knowledge
- Funding & Sustainability

Client Services

- Early Identification & Assessment
- **Needs of Adults**
- **Needs of Children**
- Community Support

Shared Mission & Vision



#6 Recommendation

Address the Needs of Parents

FDC partner agencies encourage parents to complete the recovery process and help parents meet treatment goals and child welfare and court requirements. Judges respond to parents in a way that supports continued engagement in recovery. By working toward permanency and using active client engagement, accountability and behavior change strategies, the entire FDC team makes sure that each parent that the FDC serves has access to a broad scope of services.

Key Component 2: Using a non-adversarial approach

Key Component 4: Access to a continuum of treatment services

Key Component 5: Drug testing

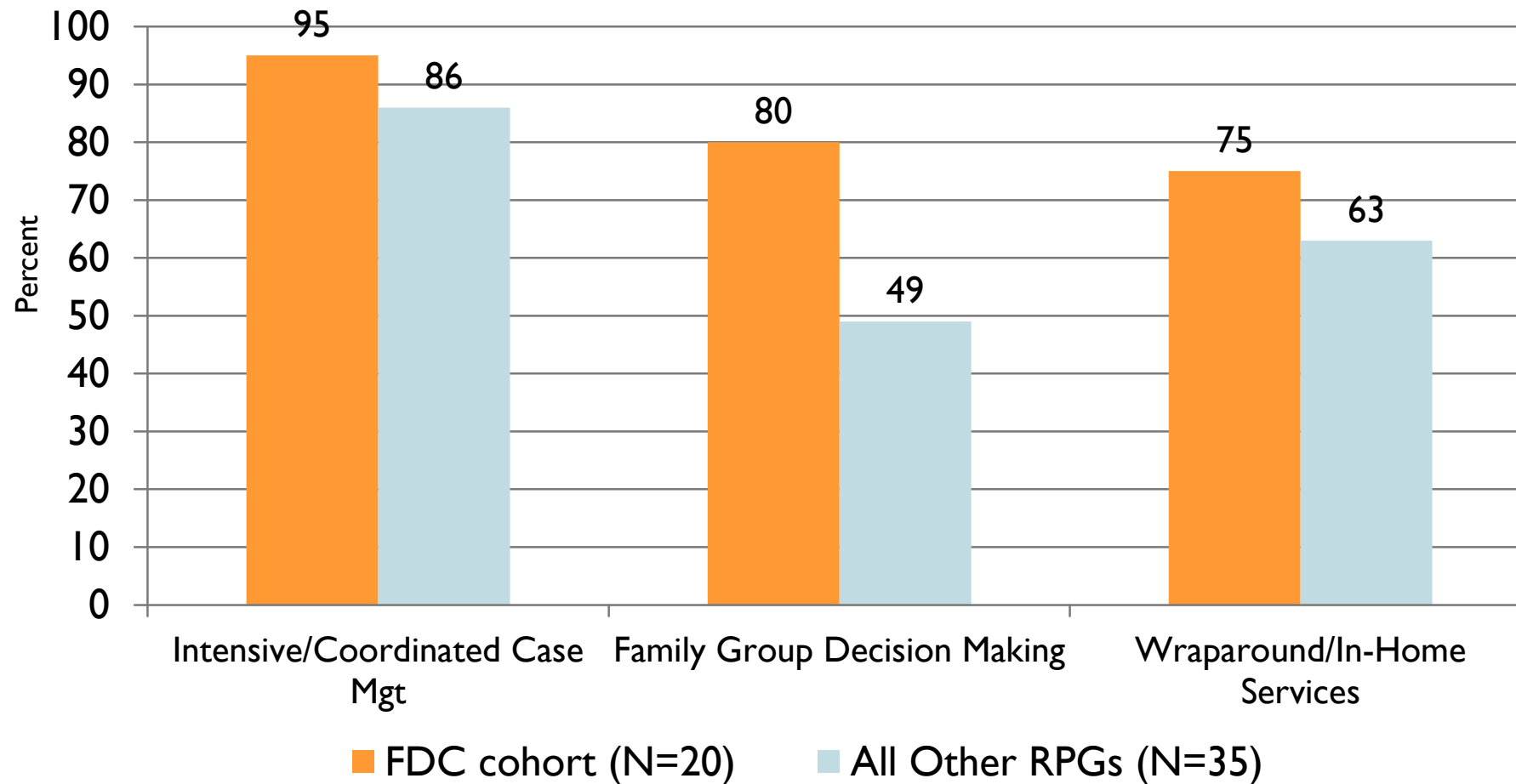
Engaging and Retaining Clients

- Clients are given phone numbers or lists of resources and instructed to call for assessment
- Clients report lack of understanding with FDC requirements and expectations - especially in the beginning
- Lack of consistency in responses to client behavior
- No clear incentives for client participation
- Time of groups; competing priorities (e.g. work vs. FDC requirements)
- Issues of treatment availability and quality





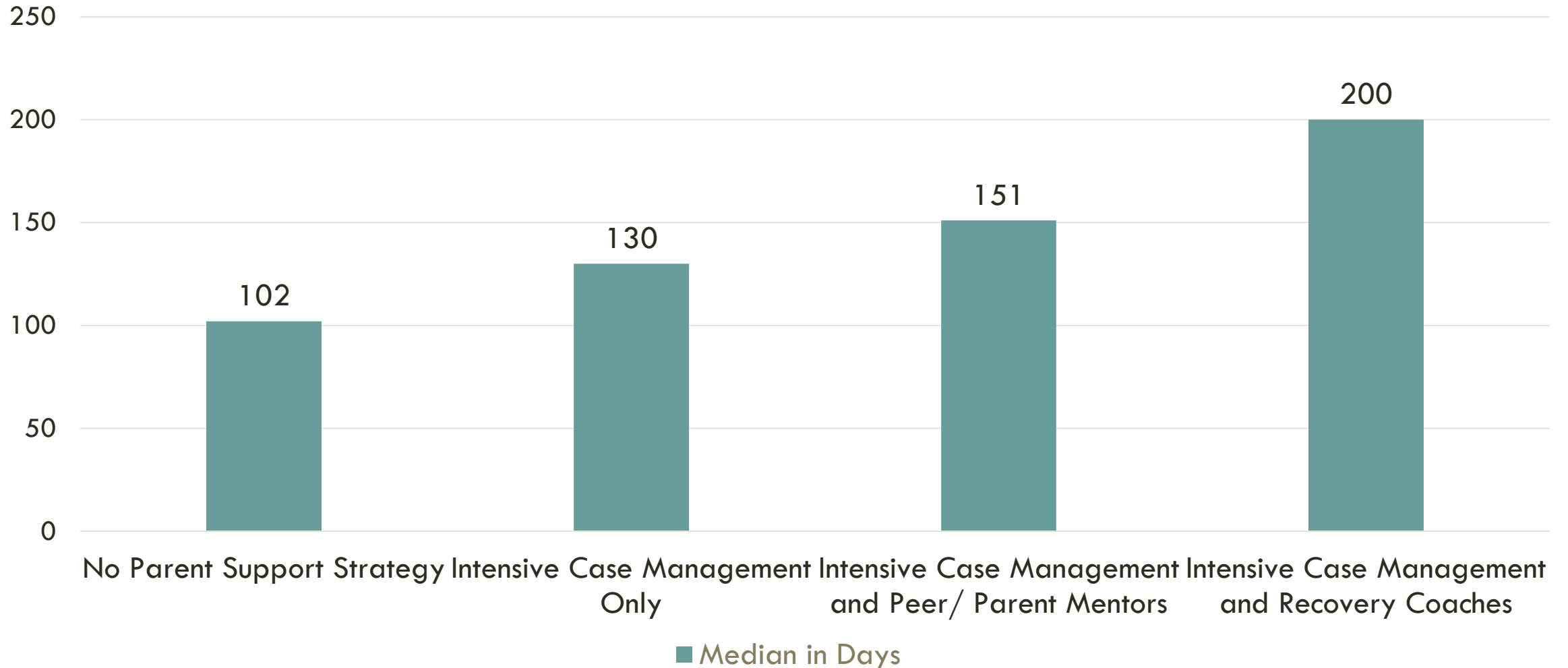
Case Management, Case Conferencing And Wraparound/In-home Strategies



Note: The total N does not add to 53 as two grantees have both a FTDC program and a non-FTDC intervention; their non-FTDC program is included in "All Other RPGs" count.

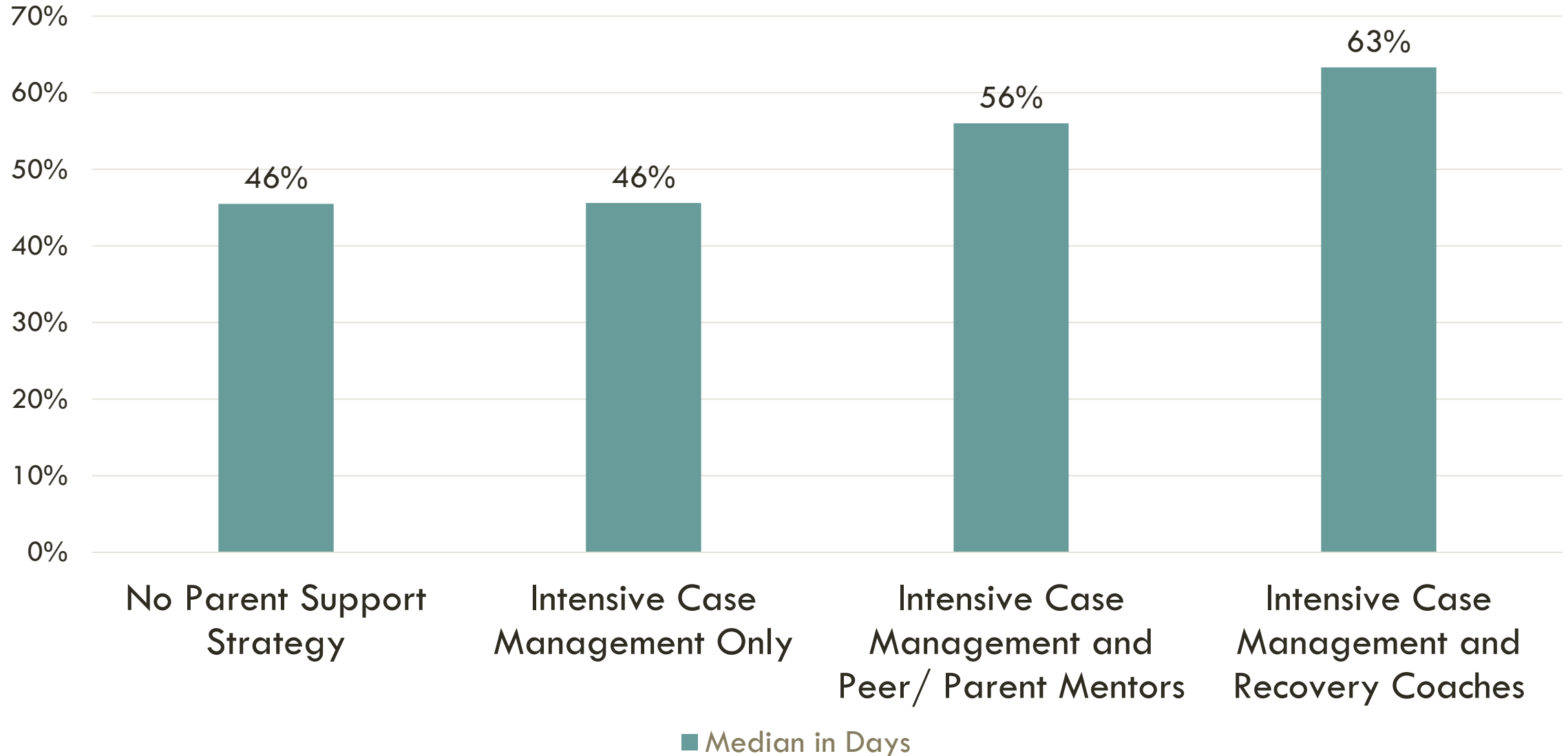


Median Length of Stay in Most Recent Episode of Substance Abuse Treatment after RPG Entry by Grantee Parent Support Strategy Combinations



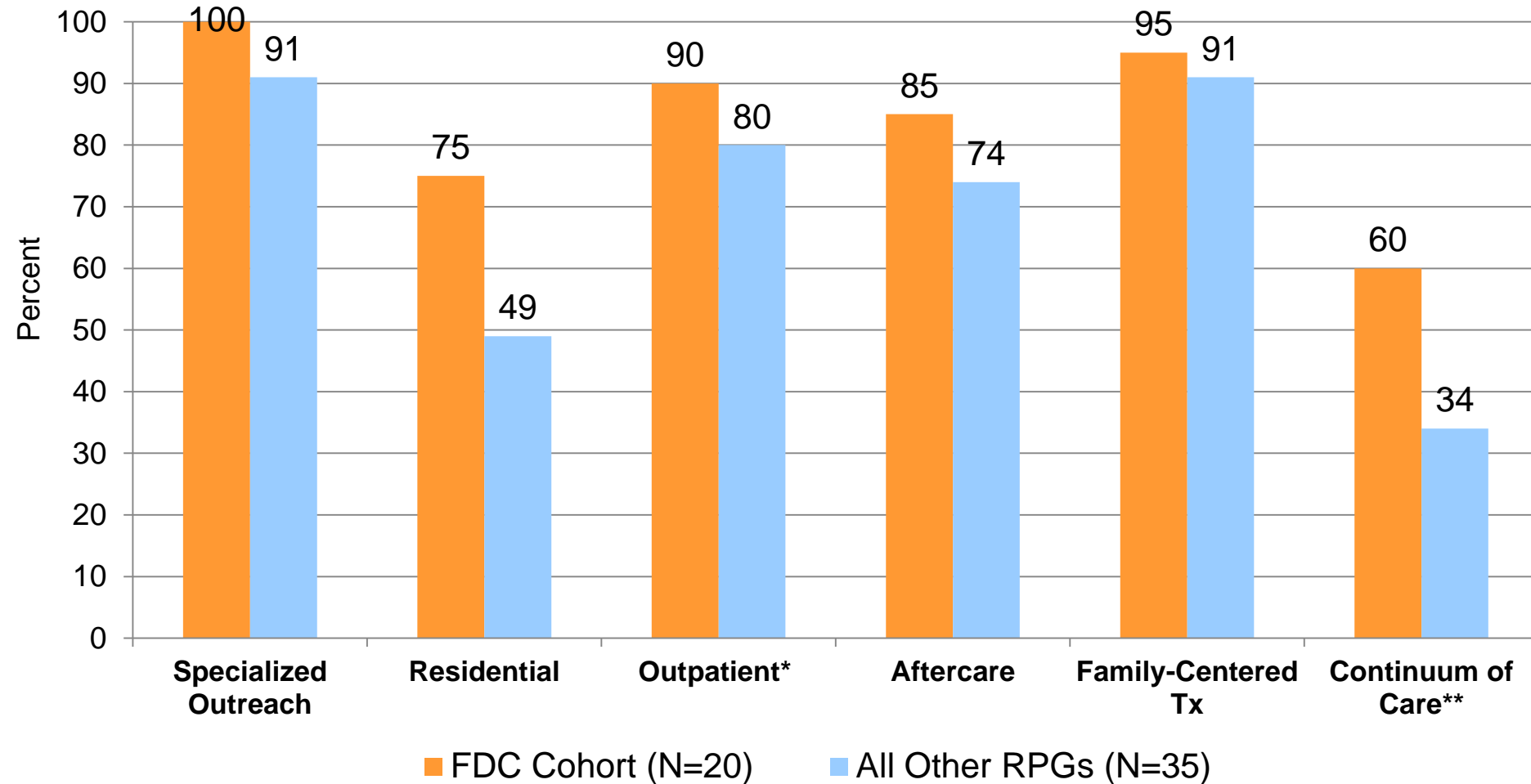


Substance Abuse Treatment Completion Rate by Parent Support Strategies





Substance Abuse Treatment for Adults

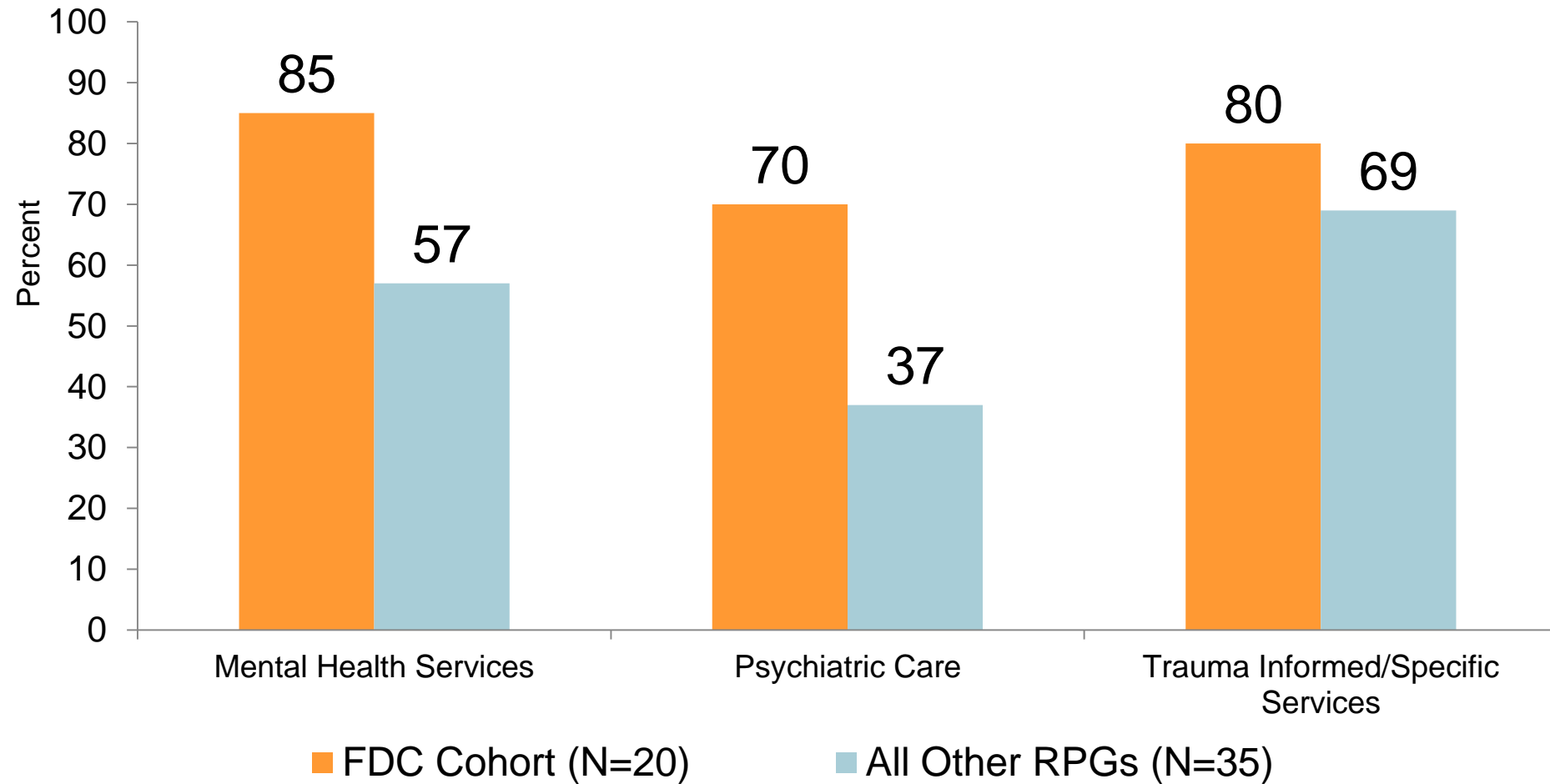


* Outpatient includes: partial hospitalization, intensive outpatient and/or non-intensive outpatient.

** Continuum of Care captures grantees doing all of the following: Specialized Outreach + Residential + Outpatient + Aftercare



Mental Health and Trauma



Defining Your Drop off Points (Example)

2,543 Substantiated cases of neglect and/or abuse due to
substance use disorders (1,780 parents)

1,335 Potential participants assessed for treatment (Tx)
25% drop off

Number of participants referred to the FDC
50% drop off= 668

Number admitted to FDC = 348
48% drop off

140 successfully completed
Tx
- 60% drop off

Payoff

- Substantiated cases with D&N filing based on **Minnesota** (2013) data
- Drop off percentages estimated based on previous drop off reports
- To be used only as an example



#7 Recommendation

Address the Needs of Children

FDCs must address the physical, developmental, social, emotional and cognitive needs of the children they serve through prevention, Intervention, and treatment programs. FDCs must implement a holistic and trauma-informed perspective to ensure that children receive effective, coordinated, and appropriate services.

Key Component 2: Using a non-adversarial approach

Key Component 4: Access to a continuum of treatment services

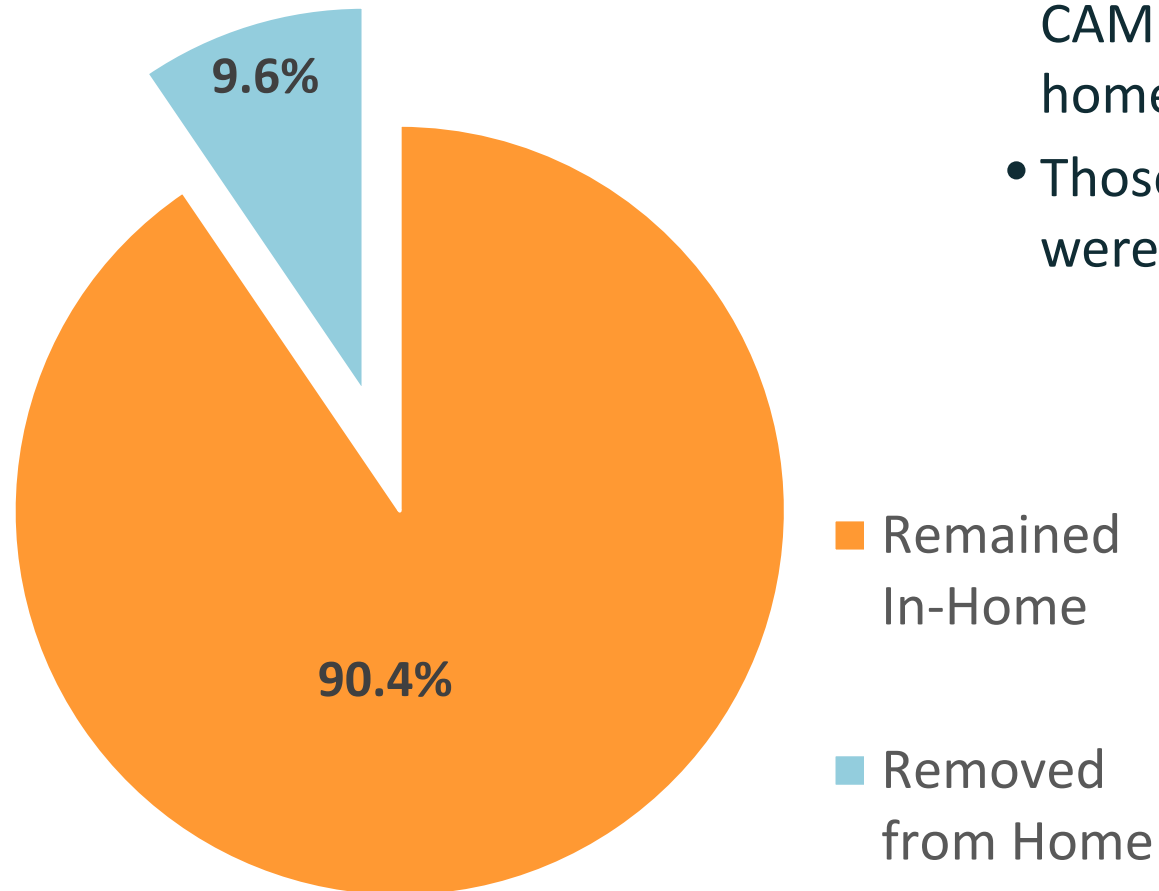
Comprehensive Programs – Children's Services



- Very little mention of services to children, though serving the family is one of the primary differences between adult and family drug courts
- A few sites focus on 0-3, 0-5 and Substance Exposed Newborns with partnerships that focus on parent/child interaction and developmental/health programs for young children
- Utilizing CAPTA and Part C partners

Preliminary Findings: Children Remaining in Home

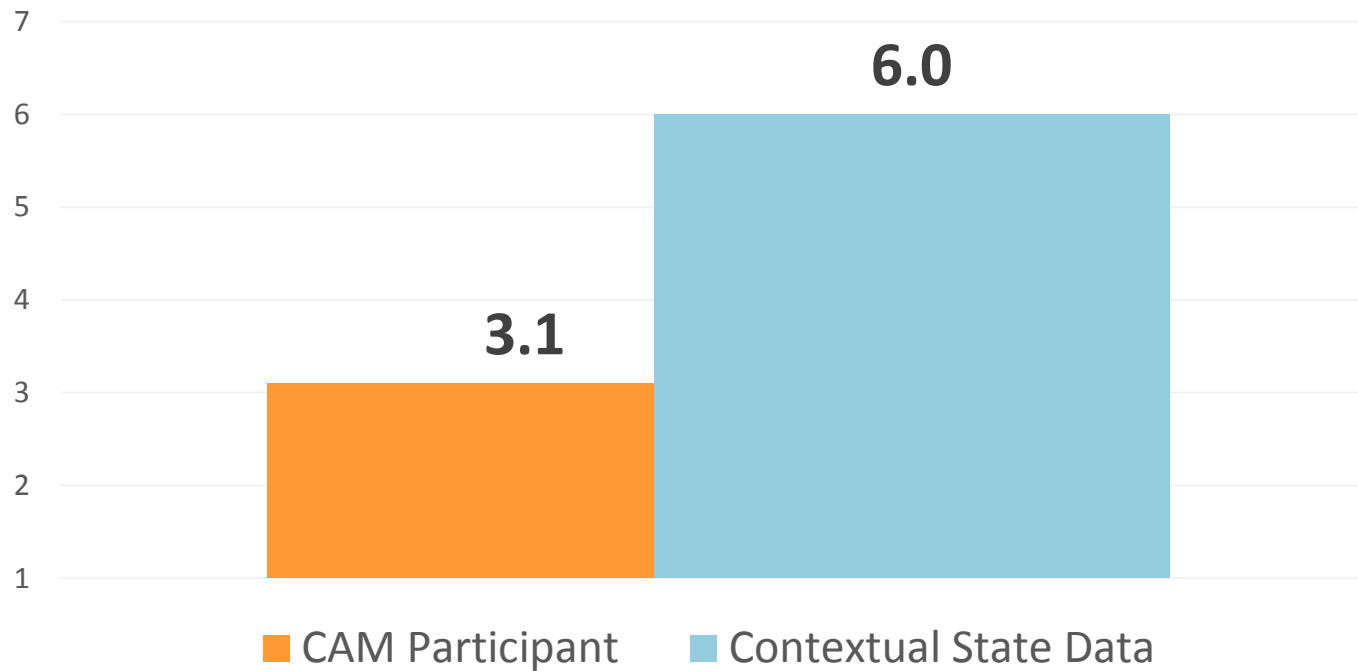
Children Remain At Home



- Nearly all children in-home at CAM entry remained in the home
- Those who were out-of-home were reunified more quickly

Preliminary Findings: Safety

Percentage of Children who had
Substantiated/Indicated Maltreatment within
Six Months after CAM Program Enrollment



- No substance-exposed births after CAM entry
- Lower occurrence of maltreatment within six months compared to the average among the six states where CAM grantees are located

Collaborative Case Planning

1. Incorporate objectives in the child welfare case plan related to a parent's treatment and recovery.
2. Ensure that child welfare case plans and treatment plans do not conflict.
3. Joint reviews of case plans with treatment staff and family.
4. Share case plans with treatment providers.
5. Regularly review a parent's progress to meet goals in the case plan, especially after critical events.
6. Identify indicators of a parent's capacity to meet the needs of their children and outcomes of the case plans.
7. Regularly monitor progress and share it with treatment staff.





#10 Recommendation

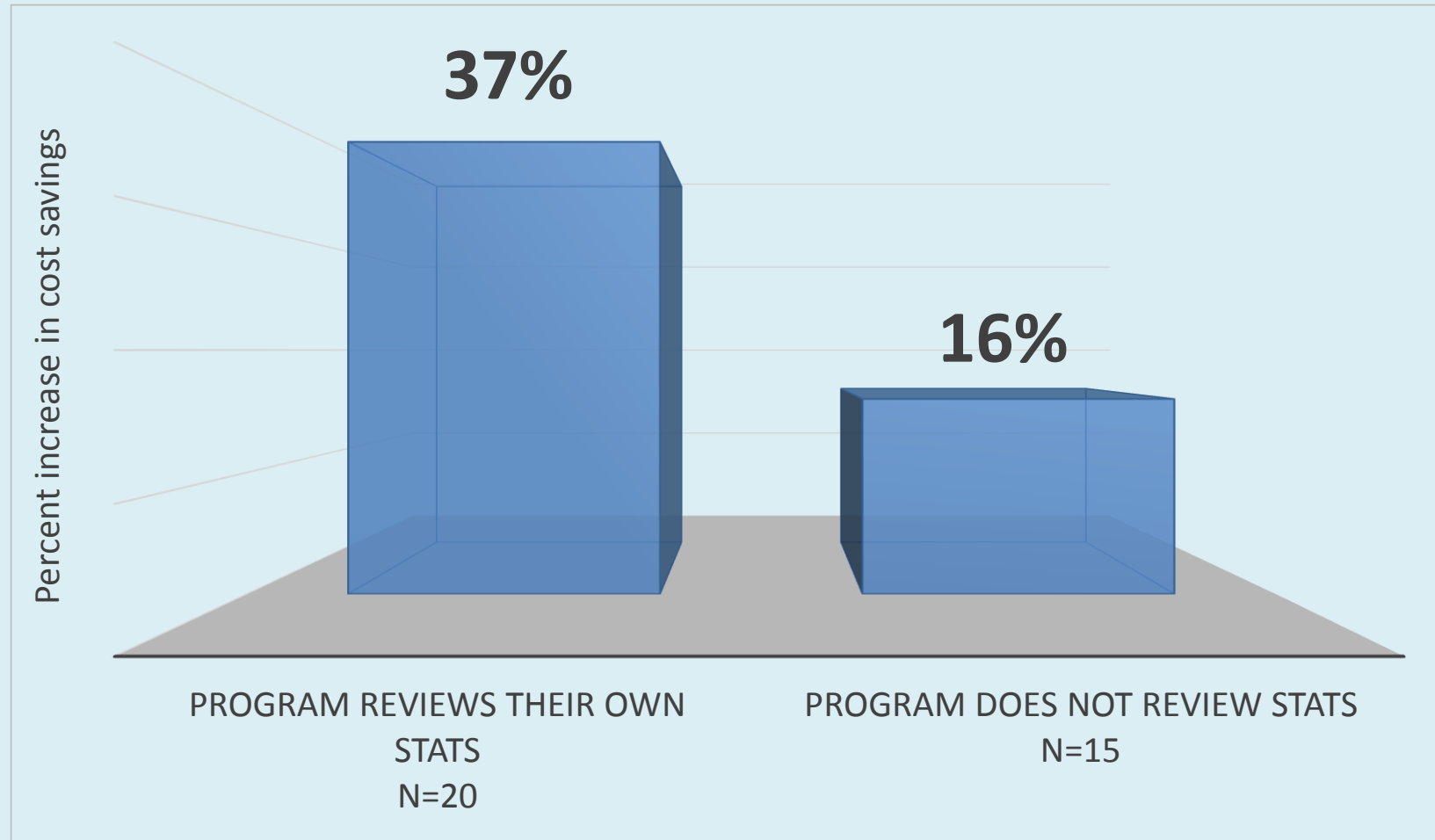
Evaluate Shared Outcomes to Ensure Accountability

FDCs must demonstrate that they have achieved desired results as defined across partner agencies by agreeing on goals and establishing performance measures with their partners to ensure joint accountability. FDCs develop and measure outcomes and use evaluation results to guide their work. FDCs must continually evaluate their outcomes and modify their programs accordingly to ensure continued success.

Key Component 8: Monitoring and evaluation



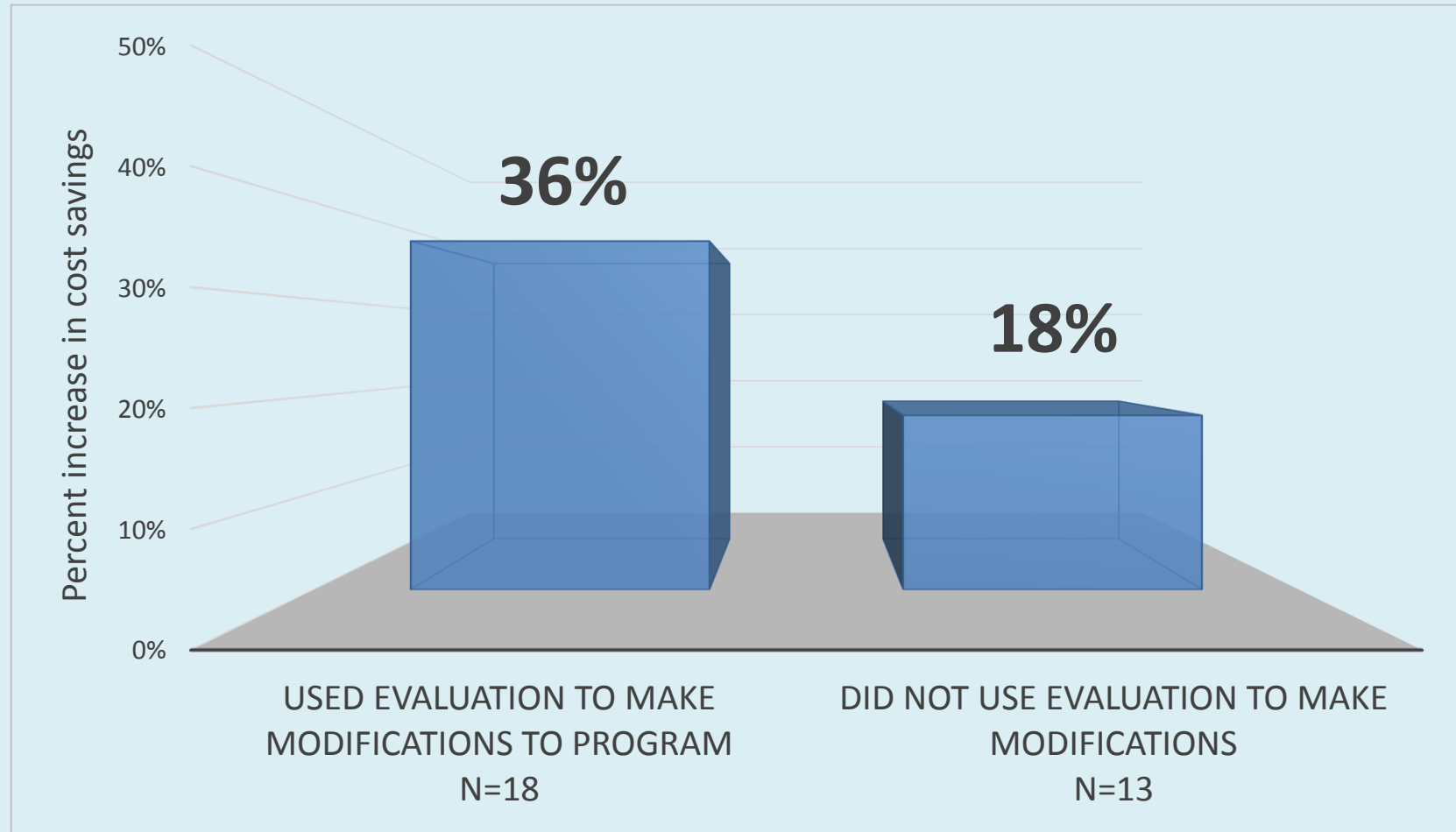
#1 Drug Courts Where Review of The Data and Stats Has Led to Modifications in Drug Court Operations had a 131% Increase in Cost Savings



Note 1: Difference is significant at $p < .05$



#2 Drug Courts Where the Results of Program Evaluations Have Led to Modifications in Drug Court Operations Had a 100% Increase in Cost Savings



Note 1: Difference is significant at $p < .05$



Q&A and Discussion



Resources



FAMILY DRUG COURT GUIDELINES SELF-ASSESSMENT

- Designed to assist FDC Practitioners in assessing their own policies, procedures and operations based on the FDC Guidelines
- Please contact us: fdc@cffutures.org

Collaborative Practice



- SAFERR
- Collaborative Practice Model
- Cross-Systems Collaboration Primer
- Cross-Systems Data Primer

<http://www.ncsacw.samhsa.gov/resources>

*Summer 2015:
Research Update*

FDC Guidelines



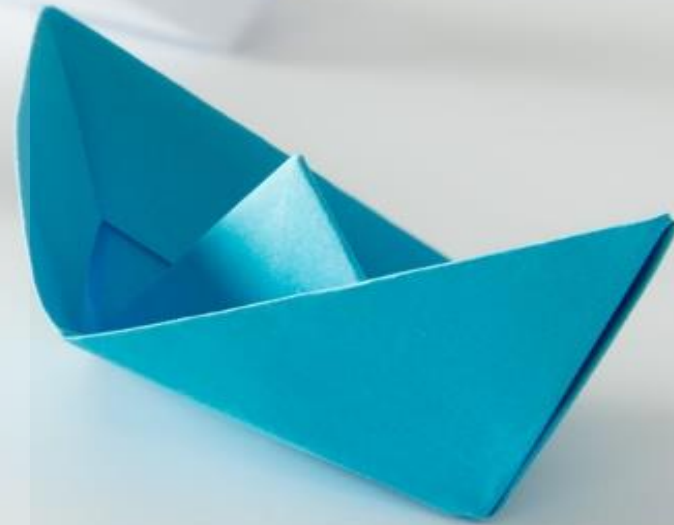
To download a copy today visit our website:

<http://www.cffutures.org/files/publications/FDC-Guidelines.pdf>

Save the Dates!

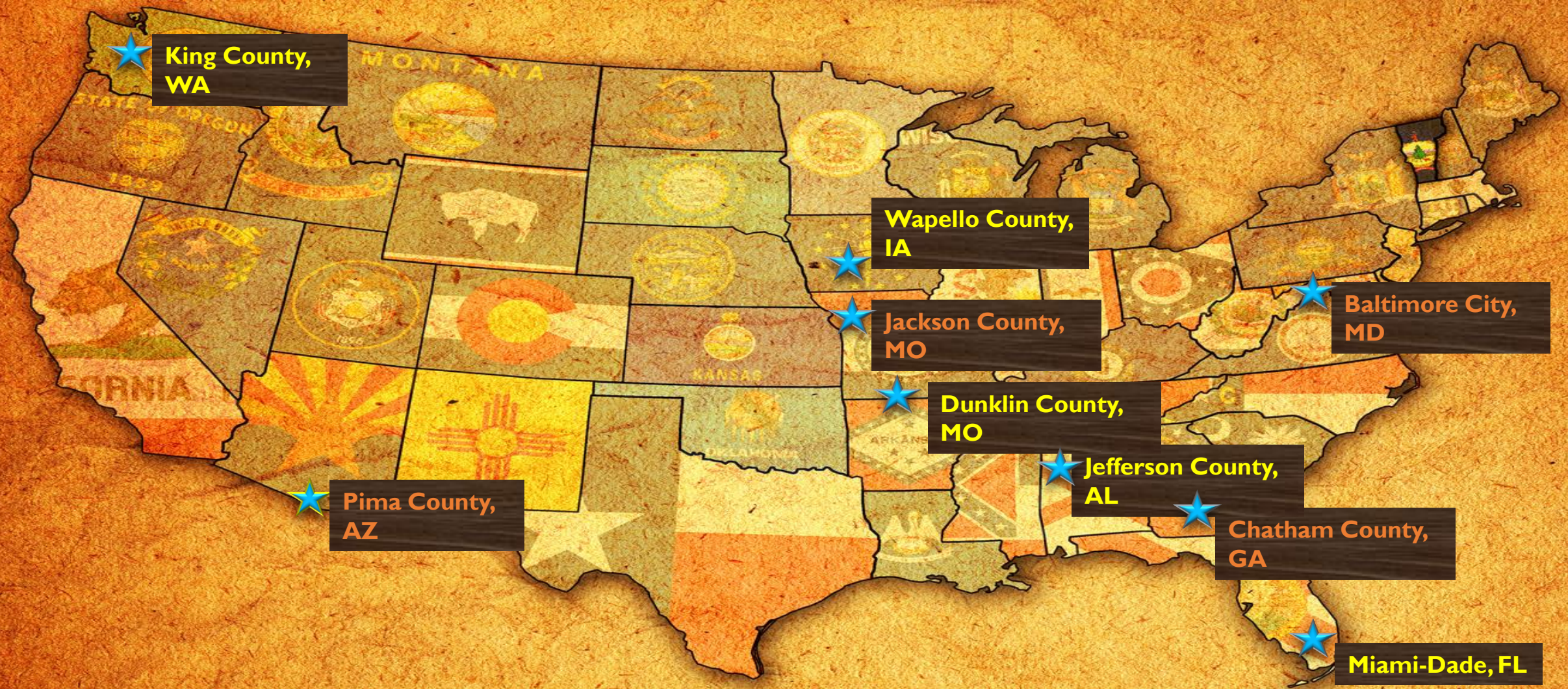
To for more information,
including registration, please visit:
www.familydrugcourts.blogspot.com

- March 12th** Building Your FDC - Design or Default?
- April 16th** Leading the Team - So Who Wants to Be an FDC Coordinator?
- May 14th** Leading from the Front Line - Case Managers in the FDC and Why You Need Them
- June 11th** Leading Change - Prevention & Family Recovery Project
- Aug. 13rd** Peer Learning Courts - TED Talks
- Sept. 10th** Leading Change - State System Reform Project



Leading Change 2015

Family Drug Court Learning Academy Webinar Series




★ FAMILY DRUG COURT PEER LEARNING COURT PROGRAM

CONTACT US FOR MORE INFORMATION:

PeerLearningCourts@cffutures.org



Visit **FDC Learning Academy Blog**
www.familydrugcourts.blogspot.com



NCSACW Online Tutorials

Please visit: www.ncsacw.samhsa.gov/

1. Understanding Substance Abuse and Facilitating Recovery: A Guide for Child Welfare Workers
2. Understanding Child Welfare and the Dependency Court: A Guide for Substance Abuse Treatment Professionals
3. Understanding Substance Use Disorders, Treatment and Family Recovery: A Guide for Legal Professionals

*Improving outcomes for children
and families affected by
substance use disorders*



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